



Osher Lifelong Learning Institute at UCSC

UCSC Lifelong Learners

**General Meeting, September 12th
Stevenson College Event Center**

General Meeting, Sept. 12th, 10 a.m. Stevenson College Event Center, UCSC

President's Message

It has become traditional for LLL to begin its year with a meeting devoted to interest group sign-ups. This year is no exception. The chief difference is that we have nearly doubled the number of interest groups offered. When you arrive at the Stevenson Event Center on the morning of Sunday, September 12, you will see many sign-up tables with an amazing array of offerings. An interest-group directory you will receive in the mail before the meeting should help brief you as to what groups you may want to explore for possible enrollment. As usual, we will open the meeting at 10:30, following a time for refreshments and socializing. The business meeting will be brief, with sign-ups to ensue. There will be no speaker, as time does not permit. This is your opportunity to meet the group leaders as well as consider their presentations. Should you wish for a topic that is not represented, look for Dusty Miller, who oversees these groups. She will be happy to note your ideas and/or inform you as to how you yourself might establish a group with that focus.

There is very good news to report regarding membership. Sometime this summer our rolls topped the 500 mark. That is phenomenal growth. I have no doubt it results from the efforts of you

LLL members who, knowing we needed to grow a bit, made it your business to bring your friends to our group. Congratulations! And, because we need to make sure to keep our old members, I want to thank the many who have been responding so promptly to our membership renewal letter. It is gratifying to see that evidence of your enthusiasm and your caring.

This newsletter and the soon-to-follow interest-group directory spell out the LLL offerings for the coming fall season. We have more to tempt you than at any previous time in our history. This results from the hard work of your board and the interest-group leaders. They make all this possible. During the past year I have spent time on an effort to make a history of LLL, from its inception in the mid-1980s. Over and again, in interviewing people and in reviewing documents, I have felt moved by the immense dedication of its volunteers. A surprising number have given well over a decade of service. Remarkable for a group of supposedly "retired" or "older" adults. I want to acknowledge them and welcome you to our 2010–11 season.

Please know that your input is always welcome.

Nancy Mead
nancymeadsc@gmail

Classes for 2010 and 2011

Now is the time to sign up for fall classes. We again have an exciting group of classes, some old favorites, some new.

Our classes provide opportunities for our members to delve more deeply into fascinating subjects,

hear from outstanding teachers, and have fun as well: no exams, no grades, but ample opportunities to participate in discussions.

As you know the classes vary a great deal in length, but the contribution we ask for each class is the same—\$20.

(Continued on page 4)

Chancellor Blumenthal our October Speaker



Our speaker on Sunday, October 17, will be UCSC Chancellor George Blumenthal. This will be his first appearance before our LLL audience since his appointment to the post of chan-

cellor. He has had a remarkable academic career.

As an astrophysicist, he is known particularly for his work on dark matter with Santa Cruz colleagues Sandra M. Faber and Joel Primack, and with Martin Rees of Cambridge University. Their theory of cold dark matter developed in the 1980s remains the standard explanation of the formation of galaxies and galaxy clusters. Professor Blumenthal is a co-author of the astronomy text "21st Century Astronomy."

At our campus he went on to chair the academic senate and later served in that capacity for the entire University of California Academic Senate. Since becoming Chancellor he has been tireless in working toward better town-gown relationships. Suffice to say, George Blumenthal has an unusual and impressive array of attributes. We are very pleased to have him join us. His topic will be announced on our website and in a postcard you will receive on October 1st.

How Does Osher Money Affect Us?

David Copp, Treasurer

The Bernard Osher Foundation is giving us \$62,500/year for 2010 and 2011, probably \$50,000 for 2012, and an endowment that will yield about \$40,000 per year in future years. We may use the Osher funds for almost any reasonable purpose. The major exception is that Osher money cannot be used for scholarships because the Osher Foundation prefers to fund scholarships directly.

How then do we fund our scholarships? With your donations for membership, interest groups, and classes.

In the past we had to set aside some of this income to pay our operating expenses, but because Osher funds can be used to pay almost all such expenses, this year 100% of the donations can be used for scholarships. The Osher funding has permitted us to increase our scholarship program this year to \$22,500 compared to \$12,000 last year.

For 25 years the University has donated considerable management and clerical effort to our organization. The estimated value is about \$20,000 per

year. The Osher Foundation monies allow us to compensate them. The grant is especially important given the current budget squeeze.

We are now spending about \$20,000 of the Osher money for our own expenses and giving \$20,000 to the University. For the next three years this leaves a surplus that is available for special projects. After that the income, about \$40,000, will be about the same as the outgo.

Juried Art Exhibit on Campus for our Members

You may be aware that there are many artists among our members. This has come to the attention of Linda Pope, who directs the Eloise Pickard Smith Gallery, Cowell College, UCSC. To our great delight she has conceived the idea of a gallery show of works by members of Lifelong Learners. She has scheduled it for the spring quarter

of 2011, to run from mid-April to the end of the quarter. Entries in the form of .jpg images may be submitted from now until the deadline on February 11 at 6 p.m. Any medium will be considered, but size is limited to 36 inches in any direction. Linda will select the pieces to be included in the show. She estimates that the gallery could house

approximately 45 art works. We hope that many LLL members will submit their work for consideration for this campus gallery exhibit.

Send all inquiries and expressions of interest in entering the show to lapope@ucsc.edu and Linda will email you more information.

Frequently Asked Questions

Q. What are peer-led interest groups?

A. Before the September 12th meeting you will be mailed a directory of interest groups that explains what they do and gives contact information. They are “peer-led” because members organize and lead them.

Q. How can members participate in interest groups?

A. LLL members who have registered in the interest-group program may participate in any open interest group. Check with the group leader before attending if you have not previously participated. *If you have not yet registered for the program, please use the coupon on page 7.*

Not all interest groups can accommodate new participants. Some have waiting lists. Others are closed to new members.

We encourage interested members to explore establishing new interest groups. Interest groups are run by their leaders.

Q. What is the difference between interest groups and classes?

A. **Interest groups** meet periodically over several months, the academic year, or year-round. They usually continue year to year. Each has a leader who is the facilitator, but not an instructor. LLL members who have joined the interest-group program may participate in any interest group with the permission of the leader. For some groups, no permission is needed. Details are in the interest-group directory

you will receive shortly. All funds raised by our interest-group program are used for scholarships.

Classes are conducted by faculty members, or others, usually once per week over a few weeks. They differ from year-to-year. There is a \$20 contribution asked for each course for which you register. The instructors are not compensated, and all funds raised go to the scholarship program.

Q. What is the scholarship program?

A. Osher Lifelong Learning Institute at UCSC is a “friends group.” UCSC friends groups give assistance in fundraising, public outreach, and otherwise support the University’s mission. Friends groups support specific campus units and programs. Our group’s mission, beyond social and education benefits to our members, is to fund scholarships for “re-entry students,” older students who have not been in school continuously since graduating high school. They may have served in the military or be at another stage of life. We are associated with STARS, Services for Transfer and Re-Entry Students. Their webpage is <http://stars.ucsc.edu/>. Our by-laws provide statements of our mission, at <http://lifelong-learners.wikispaces.com/bylaws>. For our 2010–11 year, which runs from Sept. 1st to Aug. 31st, all funds contributed by members will be used for scholarships.

Q. Now that we have Osher funding, why are we asked to make donations for membership, and, if we participate, for classes and the interest-group program?

A. Member donations for these activities are the only way we can raise money for scholarships. To understand why, read the article “How does Osher Money Affect Us?” on page 2 of this issue.

Q. Why are some interest groups closed to new members?

A. Many interest groups are held in members’ homes and are discussions. Leaders of such groups find that a limited number of people can profitably participate in the activity; also, the size of meeting spaces limits numbers.

Such groups often take time after startup to become cohesive and enjoyable to the leader and participants. The leaders, who of course are volunteers, determine their groups’ compositions to best meet their own goals. We depend on our leaders’ enjoyment of their groups, and they control their groups along with the group’s members. Some groups are not full or are unlimited. In others, openings do occur when members decide to leave.

In many instances new “sections” of interest groups are formed. It is necessary to have a leader, but no special expertise is called for, only an interest and willingness to do some coordination. Often, a leader of a group will help a new leader to start up. As an example, the number of groups we have for literature discussion has been expanding over the years, and this year we will again have a new section.

If you are interested in establishing a new interest group or section, please contact Dusty Miller, 426-0835, hndmiller@hotmail.com.

2010-2011 Classes, continued

(Continued from page 1)

Because the lecturers are not compensated (except for the pleasure of having truly interested and interesting students) and the meeting spaces, audiovisual equipment, etc., are paid with Osher funds, all member contributions for our classes this year will be used for book scholarships for re-entry and transfer students.

Please sign up as early as possible so that you can be assured enrollment. Save the information in this newsletter about your classes; it is also on the LLL website.

October

A Look at Modern Molecular Biology

What promises to be an exciting class will be led by four professors in this outstanding UCSC Department. They will talk about their present research as well as what is happening in their particular fields.

The class will meet on four Saturday mornings, October 2, 9, 16, and 23, from 10 to 11:30 a.m., at the Baskin Auditorium in the Engineering Building. There is free parking in the Core West Parking Structure on the corner of McLaughlin and Heller Drives. Walk across McLaughlin Drive to the engineering building.

2 October — Assistant Professor Amy Ralston. Dr. Ralston is an expert on stem cells. She is trying to unravel the biochemical processes by which cells in the embryo develop into specialized cells such as nerve cells or muscle cells. see <http://www.mcd.ucsc.edu/faculty/ralston.html>.

9 October — Professor Barry Bowman: *How is research on simple model organisms used to develop drugs for human*

diseases? Dr. Bowman is a cell biologist with a focus on the function of proteins in cellular membranes. see <http://www.mcd.ucsc.edu/faculty/bowman.html>

16 October — Assistant Professor Ed Green: *What we have learned from Neanderthals?* Dr. Green's research is focused on genomics, with one project on ancient DNA. see <http://www.soe.ucsc.edu/people/ed>

23 October — Professor Lindsay Hinck. Dr. Hinck is unraveling the biochemical processes that control the development of the mammary gland, a research topic that overlaps with investigations of breast cancer. see <http://www.mcd.ucsc.edu/faculty/hinck.html>

Wellness Within and Without

This new class will be taught by Ellen Kimmel, a member of Lifelong Learners and an emerita professor of psychology at the University of South Florida.

Wellness seems to be a 21st Century craze reflecting a shift in focus on health away from illness avoidance to a general state of well being. But what exactly does that encompass? The workshop explores a model of wellness derived from multiple approaches and model development research.

In the course, members will complete an inventory that asks questions about nine aspects of wellness which show up in the literature. You will be able to chart your Wellness Wheel by connecting the nine spokes (scores on the nine dimensions of the model). The inventory, like any psychological inventory, is not so much a definitive diagnostic tool as a means to expand our concept of wellness and sug-

gest multiple avenues to enhance our "golden years."

There will be group and individual analyses of the results. The second session will allow for further reflection and "action plans" developed in small group discussions. Regardless of the shape of your wheel, all should roll along just fine !

Because Universities now offer courses on wellness, there is a need to teach the subject to graduate students. While she was a distinguished professor of psychology at the University of South Florida, Tampa, Ellen responded to this need by creating a new course for a graduate program she was directing. This experience, along with Ellen's extensive readings related to the improvement of life quality, especially in its last stage, informs the contents of the course she is now offering the UCSC Lifelong Learners.

The class will meet at the Museum of Art and History on the corner of Front and Cooper Street on Friday, October 15, and Tuesday, October 19, from 1:00 to 3:00 p.m. (We advise you not to park in Trader Joe's lot as your car may be towed.)

November

November Birds Around Monterey Bay

Todd Newberry, a UCSC professor emeritus, lifelong bird watcher, and author of *The Ardent Birder*, has again agreed to teach his very popular bird watching class for Lifelong Learners.

It will meet on four Mondays at 8 a.m., November 1, 8, 15, and 22.

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2010-2011 Classes, continued

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The class will emphasize how to look for and listen to birds. It will involve easy walking but a considerable amount of standing absolutely still. (If this is a problem, you may bring a small folding stool.) You should also bring binoculars.

On November 1st, the class will meet at 8:00 a.m. in the lower parking lot at the Arboretum. Plans will be made for subsequent classes at that time. You will have the opportunity to observe birds in different settings.

If you'd like to enroll in this class, then *before October 1* please send a check for \$20 per person to *Lois Widom, 413 Western Dr. #5, Santa Cruz 95060*. Please **write your phone number** on the memo line. If your address does not appear on your check, please include it. The class is limited to 12 Lifelong Learners. If there are more than 12 applicants, we will draw names and let you know the results. Your check will be returned if you are not selected to be in the class.

December

Japanese Art

Coeleen Kiebert, who gave an extraordinary class on Chinese art last year, will talk with us about Japanese art this year.

She will present her experience of attending the Japanese school outside of Kyoto. Because of the way they teach the traditional Japanese arts, she has since taken over 100 people there. It is also the birthplace of Aikido. There will be a great emphasis upon Japanese ceramics and the arts and crafts movement during the early 1900's.

| <i>Registrant(s)</i> <i>With this coupon, one or two people can register for courses.</i> | <i>Course Selections</i> <i>To register for a course, check box. If two are registering with this form and only one is taking a particular course, please indicate which person.</i> | <i>Donation</i> <i>(\$20 per person per course)</i> |
|---|---|--|
| Registrant 1: Name: _____ | <input type="checkbox"/> LL10-6 <i>A Look at Modern Molecular Biology. Oct. 2, 9, 16 & 23, 10:00 to 11:30 a.m. If one person, who?</i> _____ | \$ |
| Phone: _____ | <input type="checkbox"/> LL10-7 <i>Ellen Kimmel: Wellness Within and Without. Oct. 15 & 19, 1:00 to 3:00 p.m. If one person, who?</i> _____ | \$ |
| Registrant 2 (if applicable): Name: _____ | <input type="checkbox"/> LL10-9 <i>Coeleen Kiebert: Japanese Art. Dec. 1, 1:00 to 3:30 p.m. If one person, who?</i> _____ | \$ |
| Phone: _____ | Total Enclosed: | \$ |
| <p>Make check to the UC Santa Cruz Foundation. Mail to: UC Santa Cruz Lifelong Learners, University Relations, 1156 High Street, Santa Cruz, CA 95064.</p> <p>Contributions are tax deductible to the extent allowed by law. You will receive an acknowledgement of your contributions from the University. <i>Thank you!</i></p> <p> <input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover </p> <p style="text-align: right;"> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> / <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> </p> <p>_____ Card Number Card Expiration Date</p> <p>_____ Name on Card</p> <p>_____ Signature (for credit card transactions)</p> | | |

Coeleen was motivated to go to Japan to learn to understand the meaning of "rugged" tea bowls—what did the Japanese see in this art which was such a deviation from the traditional way we have learned to

see and do ceramics in this culture? Why is such an unfinished looking piece so precious? Why is a line of calligraphy so meaningful? Why do tea ceremony?

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As there were last year, there will be examples and visuals, as well as active participation by the members of the class.

Coeleen Kiebert is a renowned Santa Cruz sculptor working in both ceramic and bronze. Her work has been shown nationwide. Her search for the spiritual in art has taken her to extensive travel in both China and Japan, which has left a decided

impression on her work. Coeleen is a member of Lifelong Learners.

There will be one session on Wednesday, December 1, from 1 to 3:30 p.m., at the Museum of Art and History.

Classes in 2011

Here are the classes that are planned for 2011. Details and registration coupons will appear in subsequent newsletters.

Please don't attempt to enroll in them now.

- Music in the Time of the Enlightenment—Robert Kraft
- How to Live with Talking Furniture: Sound comes to Comedy—Robert Goff
- The Poetry of T.S. Eliot—John Dizikes
- Two Shakespeare plays—Michael Warren
- Bel Canto II: The French Connection—Miriam Ellis.

Lifelong Learners Express Opinions at May Meeting

Many people have expressed interest in the findings of our May table discussions. As one of the last contributions of his term, immediate past president Robert Franson devised a comprehensive plan wherein we would gather in small groups for the purpose of discussing and critiquing our organization. Not only did Robert devise the plan, he also carefully tabulated the results and presented them for the consideration of the board. You too should know the results. And they are for the most part quite positive. Ninety-three members participated, and all were very engaged

with the task. Generally speaking, they were happy with the organization, but certain dissatisfactions stand out. We seem happy to recommend this group to our friends, and most of our growth results from this. We continue to have problems with communication, so that, despite an extensive website and an eight-page newsletter, people often feel they have insufficient information. Some expressed interest in seeing us expand into more summer offerings. Likewise, they wished for broader range of subjects amongst our classes and for still more interest groups. There

continues to be some misunderstanding about the fee for interest groups; it is not generally understood that this is a voluntary contribution. There was support for using our funds to rent space when meeting size is a problem. The scholarship program is very well-regarded, and members felt it should be expanded if possible. Your board met this summer to consider these results, and you will note as you read the newsletter that some changes have already been implemented. This includes a perceived need for greater transparency as to board policies.

Board of Directors, 2010 – 2011

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nancymeadsc@gmail.com

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Scholarships

Shirley Forsyth 477-1796
shirlclu@gmail.com

Osher Lifelong Learning Institute at UCSC Registration Form, 2010–2011

| | |
|---|--|
| <p>To (A) join or renew your membership in the UCSC Lifelong Learners or to (B) register for our peer-led interest-group program for the 2010–2011 year, enter personal information for one person or two at the same address. Enter credit card information or include your check payable to UC Santa Cruz Foundation. Mail this form to the address at right. For further information, call 831-459-2552. The Osher Lifelong Learning Institute at UCSC membership period is September 1 to August 31.</p> | <p>UC Santa Cruz Lifelong Learners University Relations 1156 High Street, Santa Cruz, CA 95064</p> |
|---|--|

Personal Information:

| Name(s) | Address | Phone(s) | E-Mail Address(es) |
|---------|--------------------------|--------------------------|--------------------------|
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Check small box for information you *do not* wish to have listed in the LLL member directory. All names are published.

Contribution Information:

| <p>A. Membership contribution for 2010–2011: \$30/individual; \$50/couple at single address. <i>You must be a member of the UCSC Lifelong Learners to participate in the interest-group program, B, below.</i></p> | | |
|--|--|--------|
| <p>B. Register for Peer-Led Interest-Group Program for 2010–2011: A \$25 donation to the Silvia Miller scholarship program grants one individual entry to any number of peer-led interest groups that have available space. There is no couple’s discount. If funds are limited, donate what you can.</p> | | |
| Membership or Activity | Contribution | Amount |
| A. UCSC Lifelong Learners Membership | \$30/person, \$50/couple at single address | \$ |
| B. Interest-Group Program | \$25/person. If couple and only one registering, who? _____ | \$ |
| Additional contribution to the Silvia Miller Scholarship Fund: | | \$ |
| Total Enclosed: | | \$ |

Make check to the **UC Santa Cruz Foundation**. Contributions are tax deductible to the extent allowed by law. You will receive an acknowledgement of your contributions from the University. *Thank you for your generosity!*

Check Visa MasterCard AMEX Discover

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193 University of California Santa Cruz
Osher Lifelong Learning Institute
Services for Transfer & Re-entry Students
1156 High Street
Santa Cruz, CA 95064
Address Service Requested

Members to Receive Interest-Group Directory

This year, because we have an unprecedented number of interest groups — over thirty five, eight of them new — there are too many to include in the newsletter. Instead we'll shortly mail to you an Interest-Group Directory. We hope it will be a good resource: easy to keep on hand as well as interesting and informative.

All but one of last year's interest groups are continuing. Some of them have new leaders; some, such as Social Science Discussion, are now open to new members; two of them, Opera and Science I, have changed their format. Three new groups have been established as a direct response to member requests: Current Events Discus-

sion, which had previously been a popular LLL group; Santa Cruz II New Yorker Discussion Group, which will give membership priority to new LLL members; and an evening book discussion group. Two brand new LLL members are starting new groups: a Newcomers Group and an English in Action Group. Two more new members are co-leading the Science I Group. The remaining new groups are Biography Writing, Envisioning the Future Discussion, Folk Songs, and In Bed with an Elephant: Canada and the U.S. Discussion (how about that for a though-provoking title?).

As usual, our September General Meeting will be partly devoted to In-

terest Group signup, but you don't have to wait for that meeting. Peruse the Directory and after you have joined the Interest Group Program, contact the leaders of the groups you're interested in joining.

— Dusty Miller, 426-0835

Note

All funds we collect for membership, interest-groups, and classes are used to support re-entry students. Regardless, we would never want to prevent someone from participating in our activities for financial reasons. If this is a concern, please call Nancy Mead, 425-5545, confidentially.

Keep up to date with the latest events at <http://lifelong-learners.wikispaces.com/>

For further information about the Osher Lifelong Learning Institute at UCSC, call 831-459-2552.