



Osher Lifelong Learning Institute at UC Santa Cruz
General Meeting, November 17th
Stevenson College Event Center

General Meeting, Sunday, November 17th, 10 a.m.
Stevenson College Event Center, UCSC

Speakers: Lester Miller, MD, Rheumatologist;
Susan O'Brien, Arthritis Foundation Speaker's Bureau

Dr. Lester Miller is a well respected Santa Cruz rheumatologist. He will speak on some technical aspects of arthritis. Susan O'Brien will share her inspirational personal story and provide insights into complementary practices such as AF Tai Chi, diet and taking control of life with Rheumatoid Arthritis.

Dr. Miller is a rheumatologist in private practice for over 30 years in Santa Cruz. He received his medical degree from the State University of New York, Upstate Medical University in Syracuse and completed his fellowship in rheumatology at Johns Hopkins

University School of Medicine. He is currently Associate Clinical Professor of Medicine on the teaching faculty at the University of California, San Francisco (UCSF) in the Division of Rheumatology, where he is actively involved in training future rheumatologists

Susan O'Brien is an active member of the Arthritis Foundation's Speaker's Bureau, a corps of volunteers committed to delivering presentations about all types of arthritis, ways to improve quality of life and inform the community about the Arthritis Foundation's programs and services

Upcoming Courses. Page 2

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Chancellor's Holiday Party. Sunday, December 8, 3 p.m., downtown Santa Cruz. Members will be mailed invitations.

Needed: Volunteer for BOD Publicity

Do you enjoy Osher Lifelong Learning Institute, its members and activities? If you might be interested in helping others in our community to find out about us, please consider helping us with publicity. Some aspects of the job are to:

- Send information to local newspapers such as the *Sentinel*, *Good Times*, *Apotos Times*, *Register Pajaronian*, etc., about meeting times and place, and our website.
- Get people in those organizations to consider an article about who we are and what we have to offer.

Contact our president, Fred Dejarlais, fred.dejarlais@gmail.com.

Courses

Our courses provide opportunities for our members to delve more deeply into fascinating subjects, hear from outstanding teachers, and have fun as well: no exams, no grades, but ample opportunities to participate in discussions.

The courses vary a great deal in length, but the donation we ask for each course is the same — \$20/person/course. Because the lecturers are not compensated (except for the pleasure of having truly interested and interesting students), your contributions are used for scholarships for re-entry and transfer students.

When you send in the registration form, you are enrolled in the course. Except for courses with limited enrollment, you will not receive a confirmation for the course, although a letter from the University thanking you for your donation will be sent at some later date. For courses with limited class size, enrollments are recorded first-received, first-registered. You will be notified whether or not you are enrolled. You will not be charged if you are not enrolled and if you sent a check it will be returned.

January 2014

Music in the Romantic Era, Part 2, 1860 to 1910. Prof. Robert Kraft

We will survey the music of Brahms, Wagner, Dvorak, Bizet, Musorgsky, Tchaikovsky, Verdi, Franck, Mahler, and early Sibelius, Debussy, Vaughan Williams and Delius. As usual there

will be a mix of orchestral and chamber music in addition to opera.

This is a continuation of Part 1, given in the spring of 2013. However Part 1 is not a prerequisite for Part 2.

The course will meet for 13 weeks on Tuesday afternoons starting at 1:30 p.m. and lasting for three hours, beginning on Tuesday, Jan. 7, in Prof. Kraft's home in Aptos.

Robert Kraft is professor emeritus of Astronomy and Astrophysics at UCSC. From 1970 to 1980, Prof. Kraft gave a Stevenson College course called Beethoven's Music.

Only 15 students will be registered for this course, so we will accept the first 15 who mail in the coupon for this course before December 1. You will be notified whether or not you are enrolled in the course and sent Prof. Kraft's address.

Use the coupon on page 3 to register for this course only.

Some of China's Greatest Short Stories.

Prof. Dale Johnson

Dale Johnson, Professor of Chinese at Oberlin College and UCSC, now emeritus, who so engagingly demonstrated to us his love for and knowledge of Chinese literature for the past two years, will be reading and discussing famous Chinese short stories.

Please register early and include your email address so that we can send you the reading materials with in-

structions of what to read before the first class. Use the coupon on page 5 to register for this course.

The course will meet four Wednesday mornings, January 8, 15, 22, and 29 from 10 to noon at the Museum of Art and History, 705 Front Street.

Two Poets. Prof. John Dizikes

We are happy to have one of our favorite renaissance men, Emeritus Professor of American Studies John Dizikes, teaching for us after a year's sabbatical. We are fortunate that Professor Dizikes has taught a number of courses for us. His presentation, his depth of knowledge, and his passion for the subject matter are always admired. This is an opportunity for you to have a course with a master teacher. Professor Dizikes will be reading and discussing the poetry of W. H. Auden and Emily Dickinson. He will also offer insight into their lives.

The course will meet on two Thursday mornings, January 9 and January 16 from 10 to noon at the Museum of Art and History, 705 Front Street

Use the coupon on page 5 to register for this course.

January – February, 2014

Dante's Inferno. Prof. Margaret Brose

In Dan Brown's new thriller *Inferno* (NY Times best seller since May 14,

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Group Activities

For more information about Interest Groups, please consult our website, <http://ucsc-osher.wikispaces.com>.

Each interest group has its own webpage accessible via the table of contents links running down the left side of each webpage on the site.

Film Seminar

Jim Faris, a retired film editor from Hollywood, and his wife Paula, lead several Film Seminars each year.

Each seminar meets on Tuesday evenings at 7 p.m. for five consecutive weeks to view and discuss films. Jim and Paula pick films that they feel illustrate good film-making techniques and will lead to good discussions. The Film Seminars are not interest groups, and the interest group fee is not required for participation. However, a donation of \$10 to the Silvia Miller Scholarship Fund is expected for each seminar series. Please consult the webpage for instructions on how to register. <http://ucsc-osher.wikispaces.com/Film>

New Interest Groups

Beliefs Acceptance — Why we believe what we believe. Meets on the first Thursday of each month from 1:30 to 3:30 on Ponderosa Dr., Santa Cruz. Leader: Charles Rolander, crolander@comcast.net.

Building Community — Discuss what community is and how it is built. Leader: Cecile Andrews, cecile@cecileandrews.com.

The Chrysalis Effect — Read and discuss Philip Slater's *The Chrysalis*

Effect, The Metamorphosis Of Global Culture. Leader: Cecile Andrews, cecile@cecileandrews.com.

Healthcare — Discuss healthcare issues that may be brought up by the members. Meets on the second Thursday of the month, 2 to 4 p.m., in the Community Classroom at New Leaf Westside, 1101 Fair Ave., Santa Cruz. Leader: Peter Nurkse, nurkse@gmail.com

Investment Ideas — For sophisticated/experienced investors who are already quite knowledgeable about at least some of the various investment instruments. Meets 1:30 to 3:30 on the third Thursday of the month at the leader's house, Ponderosa Dr., Santa Cruz. Leader: Charles Rolander, crolander@comcast.net.

Mahjong — Meets on the third Thursday of the month at 1:00 p.m. at the home of Tom Hewett and Janet Bostrom, 440-9294. Tom Hewett, bozobostrom@gmail.com



New Yorker Covers & Cartoons — The group will discuss covers by individual artists, and cartoons by subjects, both artists and subjects selected by the group. Meets on the third Thursday of the month, 2 to 4 p.m. in

the Community Classroom at New Leaf Westside, 1101 Fair Ave., Santa Cruz. Leader: Peter Nurkse, nurkse@gmail.com.

Non-Fiction Reading — Meets on the 2nd Wednesday of the month at 7 p.m. Plans to meet in various locations in the County. First meeting is in Aptos on Wednesday, Nov. 13, at 7 p.m. The group is reading *In the Garden of Beasts* for its first meeting. Leader, Fay Levinson, fayjoel@comcast.net.

Interest Groups with Events

Art & Architecture — Monday Nov. 4, 11 a.m.: Museum of Art and History's exhibition "Santa Cruz is in the Heart."



"Local historian, writer, and filmmaker Geoffrey Dunn's rich and eclectic narratives are the foundation for this exhibition. Developed in conjunction with Dunn's soon-to-be-published second edition of his book,

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Group Activities

Interest Groups with Events

(Continued from p. 4)

Santa Cruz is in the Heart, this immersive exhibition will focus on contested and counter-histories, the diversity of Santa Cruz history, and the nobility of a simple life." Lois Widom, lowidom@yahoo.com, 423-0184.



London Theatre — Thanks to the wonder of satellite transmission you can now enjoy going out to the theatre in London without the expense and effort of actually traveling there! Meets approximately monthly for daytime performances of the National Theatre in London at the Del Mar Theatre in Santa Cruz on Pacific Ave. **Nov 10:** *50 Years on Stage*. **Nov. 14:** *The Habit of Art*. Leader: Lisa Warshaw, lisawarshaw555@yahoo.com, 421-0998

Visiting Not-for-Profit Organizations — Meets once a month to visit and learn about individual community-based organizations in Santa Cruz County. **Nov. 7:** Visit the Walnut Ave. Women's Center (wawc.org), 10:00 a.m. Events require RSVP. Gabrielle

Stocker, gstocker2@cruzio.com, 426-0865

Interest Groups with Room for More People

Interest groups with unlimited participation frequently have events with space restrictions and places may be reserved via RSVP to group leader, first-come-first-served.

Some of the groups listed below may have room for only one or two new participants, others may have more room or may no longer have openings. Believed accurate at publication time, but please contact leaders for current information and certainly before attending first time.

Adventuring — Organizes "adventurous" outings — sometimes local, sometimes in SF Bay or Monterey Bay locations. Leader: Craig Miller, craigsem@cruzio.com, 426-0835.

Baroque Festival — Meets near the concert venue at 6:30 p.m. for a pre-concert talk. See the SCBF website for program information. Members are responsible for obtaining their own concert tickets. Leader: David H. Copp, dhcopp@yahoo.com, 708-2206

Classical Chinese Literature and Culture — This new group is led by Dale Johnson, who has given us fascinating courses on Chinese poetry and the Chinese novel "The Story of the Stone." The group meets at the home of Irene Lennox. Dale may select a Chinese short story for discussion, and subsequent meetings will



focus on a variety of aspects of Chinese culture. To join the group please contact Irene Lennox, 457-2690, scotirene@yahoo.com. Membership will be limited by the size of Irene's livingroom.

Concept Exchange Society — Meets monthly (first Sunday, 10:30 a.m.) to share world views. Leader: Marvin Chester, marvin@chesters.org, 713-5432

Creative Writing — Meets weekly (Friday from 10 to noon) throughout the year to share members' writings. Our members' writing topics range from poetry, memoirs, autobiography, short stories, to a science fiction novel. Each member reads a 2½ page piece which can be part of a larger opus. The other members offer suggestions. We have enjoyed our meetings and we hope to share our fun with new members. Leader: Elaine Heyman, 423-0513, elaineheyman@comcast.net

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Group Activities

Interest Groups with Room for More People

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The **Dining Out** Group meets each month at a selected restaurant to enjoy good food and the opportunity to socialize with fellow OLLI members. A notice advising members of the upcoming event is sent via email to those who have signed up to participate. Interested diners RSVP to the hostess in charge for the evening selected. We go to area restaurants, meeting at 6:30 p.m., and order from the menu, with each individual responsible for bringing cash to pay their bill. We dine out on one consecutive Tuesday and Wednesday each month during the OLLI calendar year, excluding December. Leaders: Annette Morris, AnnettenSkeeter@aol.com, 310-375-2091, and Brenda Hillier, hillierbrenda@yahoo.com, 439-2083.



Discovering UCSC — Discovering UCSC visits a different UCSC department each month, to learn the latest about the dynamic academic activity taking place at this world-class institution. Leader: Sandy Brauner, sanjan@cruzio.com

Doubles Tennis — Intermediate (3.0-3.5 level of play) doubles tennis, meets weekly, Tuesdays at 2:00 p.m., at University Terrace Park (frequently called Meder St. Park), for a friendly, spirited warmup and match of 1½ to 2 hours. The group is open to new participants. Leaders: Mary Male male@baymoon.com, and David Brick, dbrick@cruzio.com, 427-2749.



English in Action — Volunteers meet one-on-one with foreign students to give them an opportunity to practice conversational English and ask questions about the community. Usually the meetings are once a week for an hour or so, but the time, location, and number of meetings depend on what works for the student and the volunteer. It is not a class, but a casual conversation. This is a great opportunity for cultural exchange! We are looking for new members. Pleased contact leader if interested. Karin Grobe, kgrobe@wormdoctor.org, 427-0984

Exploring Santa Cruz County — Meets monthly (3rd Fri., 10 to noon) for a walk around town or country led by a forever-curious amateur. Leader: Lesley Franz, lesfranz@aol.com, 425-4685.

Financial Education and Discussion — Meets the 2nd Monday, 10 a.m., at Caffe Pergolesi, 418 Cedar St., Santa Cruz, to discuss pros and cons of specific financial strategies, options, investments, risk management & financial & protection products. Open to any member who would like to present to the group, but leader is prepared to present on the specified topics. Leader: Steve Edmonds, 338-3106, steve@2rs.com

French for French Speakers — An opportunity to use your French. Meets twice a month in Santa Cruz. Exact days to be determined by the majority of those involved. Leader: Richard Zakarian, 713-5798, richard.zakarian.88@csun.edu

French Peer Practice — at advanced beginner level. Our members have studied, have a foundation in the language, yet want refreshing as well as more confidence in speaking. Leader: L'ea Lieux 425-4741, llieux@gmail.com

Great Decisions Series — Great Decisions is America's largest discussion program on world affairs. Published annually, the Great Decisions briefing book highlights eight of the most thought-provoking foreign policy challenges facing Americans today. Provided is a DVD, background information, current data, and policy options for each issue. There will be nine meetings at the Live Oak Senior Center, starting March 10 and ending May 5. Leader: Margy Cottle, cottlemargy@gmail.com, 475-4446, 345-7144

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Group Activities

Interest Groups with Room for More People

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Hiking/Walking — Meets weekly (Wednesday, 9:30) for 1 to 2 hours of brisk walking mostly in local forests and seashores. Leader: Alice Tarail, 334-3328, alicet@cruzio.com



Horticulture — Meets weekly, (Thurs., 9:30 to noon) rain or shine in the hothouse at Cabrillo College to work on plantings under the direction of the staff of the Cabrillo College Horticulture Dept. You do not need to attend every week. Leader: Pat Mc Veigh, 566-4553, pmcveigh@baymoon.com

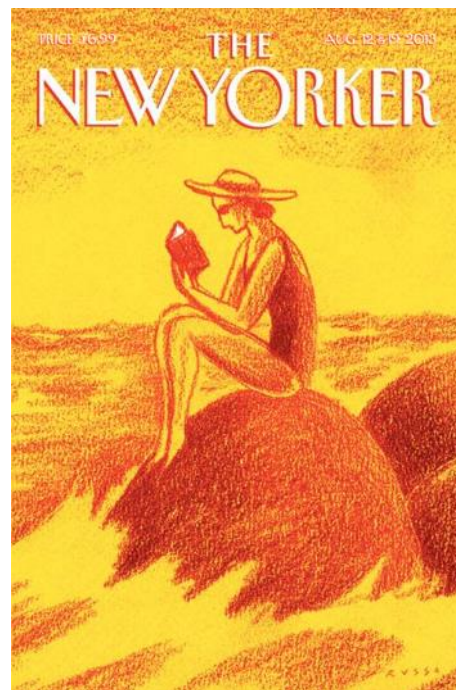


Lunching Out — Enjoy group luncheons at different restaurants in venues in the area, usually on the first Friday of the month. Suggestions of good eating places are always welcome. Lunchers are asked to keep track of what they order and pay for their meals by cash. Emails are sent out with the name of the restaurant etc., and members RSVP to Irene Lennox if they plan to attend. scotirene@yahoo.com, 457-2690

Newcomers Group — Get acquainted with other OLLI members in an informal setting. Learn more about our organization in an atmosphere of fellowship. Newcomers to Santa Cruz are especially encouraged to attend. If interested, contact the leader, Mary Carvalho, marycarvalho@gmail.com, 332-2361

New Yorker Discussion, Santa Cruz I. Members discuss readings from *The New Yorker* magazine. Leader: Peggy Williams, pegwil.atty@gmail.com, 476-2695

New Yorker Poetry — Each month we take delight in reading aloud and discussing poems from *The New Yorker*. Meets on the 4th Friday of the month, 10 to 11:30 a.m., in the De Anza community center, 2395 Delaware Ave. Leaders: Pegatha Hughes, pegathahughes@gmail.com, 600-7925; Sherry Eisendorf, sherrye139@gmail.com



Play Reading Group — We've had a highly successful run with the Hellman book, and are now starting with a new Author — Alan Ayckbourn's *Three Plays*. We meet on the first Monday of the month, 1:30 to 4:30, to read plays selected by the members. Leader: Shirley Forsyth, 477-1796, shirlclu@gmail.com

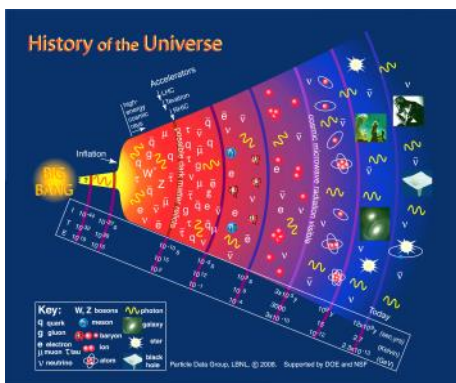
Read It Again, Sam. In the "Read It Again, Sam" group, we select a great novel, play, poem, short story, novella by consensus—and then read it twice (or once if you've read it be-

Group Activities

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fore). For the time being, we are selecting our titles from a list of 100 best books chosen by 100 writers in 35 countries. You can see the list at: http://en.wikipedia.org/wiki/The_100_Best_Books_of_All_Time We meet on the fourth Wednesday of the month from 1 to 3 in Aptos. Please join us. Send an email to Jon Butah at jon@twoseas.com.

Recorder Playing This group meets weekly to enjoy playing medieval, Renaissance, folk, and other types of music on recorders. All those who are familiar with the first 1½ octaves of any size (soprano, alto, tenor, bass) of recorder and can read music are welcome. The group meets on Tuesday afternoons, 2:30 to 4 p.m., at Mary Ann Franson's home, 216 National Street, Santa Cruz. Because of space considerations, the group is limited to 10 participants. For further information, please email Mary Ann, mfranson@cruzio.com.



Science Paracitioners — For those with science background. Presentations, book reviews, & discussions. We meet on the third Monday of each month at 1

p.m. at the home of a member who has volunteered to host. Including presentation, discussion, and socializing, our sessions are usually about two hours long. Leader: Bob Wrathall, 439-0857, wraithall@sbcglobal.net.

Symphony — Attend the Santa Cruz County Symphony concerts and concert previews. Leader: Roger Knacke, rknacke@gmail.com

Volunteers in Action — Meets on-call to be of service to fellow Osher Institute members, the UCSC campus, and other worthy organizations. Leader: Bill Patterson, 479-3729, wilderwill@comcast.net

What If — A discussion group focused on the paths that were or could have been taken so we may better understand the paths ahead of us.

A decent body of writing exists on alternative histories and what effect different outcomes might have had on the future. The group meets on the first Friday of the month from 10 to noon on the east side of Santa Cruz. More on webpage. Leaders: Phillip and Helen Lynch, what_if_ig@yahoo.com, 426-1837

Wine Tasting — Supports local vintners by visiting, tasting, and picnicking at their beautiful wineries. Leaders: Brooke Ewoldsen, 475-6188; Marilyn Wingfield, marilynwingfield@gmail.com; Lew Feinman, lewfeinman@sbcglobal.net, Judith Feinman, judithfeinman@sbcglobal.net



Other Interest Groups

Groups listed below are fully subscribed. However, openings sometimes arise, so contact group leader if you're interested.

We encourage members to form new interest groups and new sections of existing interest groups. Leaders of existing groups are often willing to give advice on how their groups run, and you can usually arrange a visit to any group to see how it operates.

Leaders are free to structure and schedule their groups as they and the participants wish. Please feel free to ask questions or express your interests to our interest-group coordinator, Bill Patterson, 479-3729, wilderwill@comcast.net.

Amateur Chamber Musicians — The group maintains a directory of amateur chamber musicians who belong to OLLI at UCSC and who wish to be listed so that individuals can arrange rehearsals with other instrumentalists. Merilyn Neher, 600-8576, mneher3@gmail.com

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Group Activities

Other Interest Groups

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Bridge Group — The group meets at the Live Oak Senior Center, 1777 Capitola Rd, each Monday, 1–4 p.m. The cost is \$2.00 per person (facility fee) and \$1.00 for the winner's jackpot. Leader: Mary Male, mmale@baymoon.com, 427-2749

Current Affairs Discussion — Meets monthly on the 4th Wednesday for an in-depth, respectful conversation about hot issues of concern. Leader: Mark Gordon, mgordon@cruzio.com, 408-314-4802

Digital Photography — Meets monthly on the 4th Monday for critiques, photo shoots, and field trips. Leader: Cindy Margolin, crmargol@gotsky.com, 688-8129

Evening Book Discussion — Meets monthly (first Wednesday, 7:00) to discuss fiction and non-fiction selected by members. Group is closed and maintains a wait list. Leader: Dusty Miller, hndmiller@hotmail.com, 426-0835

Folk Songs — We meet at 1:00 on the first and third Tuesdays of each month to sing traditional songs, usually accompanied by several musical instruments. A waiting list is maintained. Leader: Lou Rose, ramblingroses@yahoo.com, 477-0360

Great Books Discussion I — Meets monthly (first Thurs., 1:15) to discuss the classics. Leader: Faye Alexander, 476-8575, qtpie95010@sbcglobal.net

Great Books Discussion II — Meets monthly on the first Wednesday from noon to 2:00 in Soquel to discuss the classics. Leader: Susan Gorsky, 688-5371, sgorsky@sbcglobal.net

Great Mysteries of Life — Discussion and analysis of recent and classic works in philosophy, religion and science focused on the great mysteries of life and the universe. Examples of these deep kinds of questions include why does the universe exist, what is the underlying structure of reality, views on the nature of God, how should we understand concepts like consciousness, mind, life, infinity, time, free will, etc.? To investigate these we will read books with accessible expositions, usually at the rate of about 60 pages or so per month. The core group will typically meet the 3rd Friday of the month, 2 – 4 p.m. In addition to the core group, other subgroups may form which investigate specific topics in more depth. Currently, we have a contemporary readings in physics group which meets on the first Friday of every month. Depending upon the core group's interests, we may also form a new subgroup on Eastern philosophy. Leader: Steve Strasnick, 429-5201, steve_strasnick@comcast.net

Memoir Writing — Provides the opportunity to write memories, read them to a group, receive impressions, and listen to others. To be added to a waiting list, contact Joyce Burt, 464-3470, sandplay@ix.netcom.com

Non-Fiction Reading — There are two sections that are full. However, another section, listed under New Interest Groups, on page 4, may still

have room. Leaders of full groups: Mary Carvalho, marycarvalho@gmail.com, and Judy McNeely, judybookdoc@collegethfinders.com. Although Judy McNeely's group is currently full, she may be able to accommodate more after the first meeting, on Nov. 5.

New Yorker Groups. Somewhat varied in format, they all discuss readings from *The New Yorker*. The New Yorker Santa Cruz Group I is open to new members. See page 8. The groups below are fully subscribed.

Santa Cruz II Group — Leader: Helen Jones, helenjones815@gmail.com, 420-1220

Aptos Group — Leader: Joan Rose, ramblingroses@yahoo.com, 477-0360

Capitola Group — Leader: Faye Alexander, qtpie95010@sbcglobal.net, 476-8575

Philosophy Discussion — Meets monthly (2nd Tuesday, 4 p.m.). Leader: Paul Seever, 440-9018, pseever@prodigy.net

Reading Circle — Meets monthly (3rd Monday, 1:30) to discuss a mixture of modern fiction and non-fiction selected by the members. Leader: Irene Lennox, scotirene@yahoo.com, 457-2690

Social Science Discussion — Meets monthly (3rd Tuesday, 2 to 4 p.m.) at the Dominican Oaks meeting room in Santa Cruz. Specific topics to be chosen by the group from member recommendations. Leader: Jan Jaffe, janjaffe@charter.net, 684-0470

Parking for the Monthly General Meeting

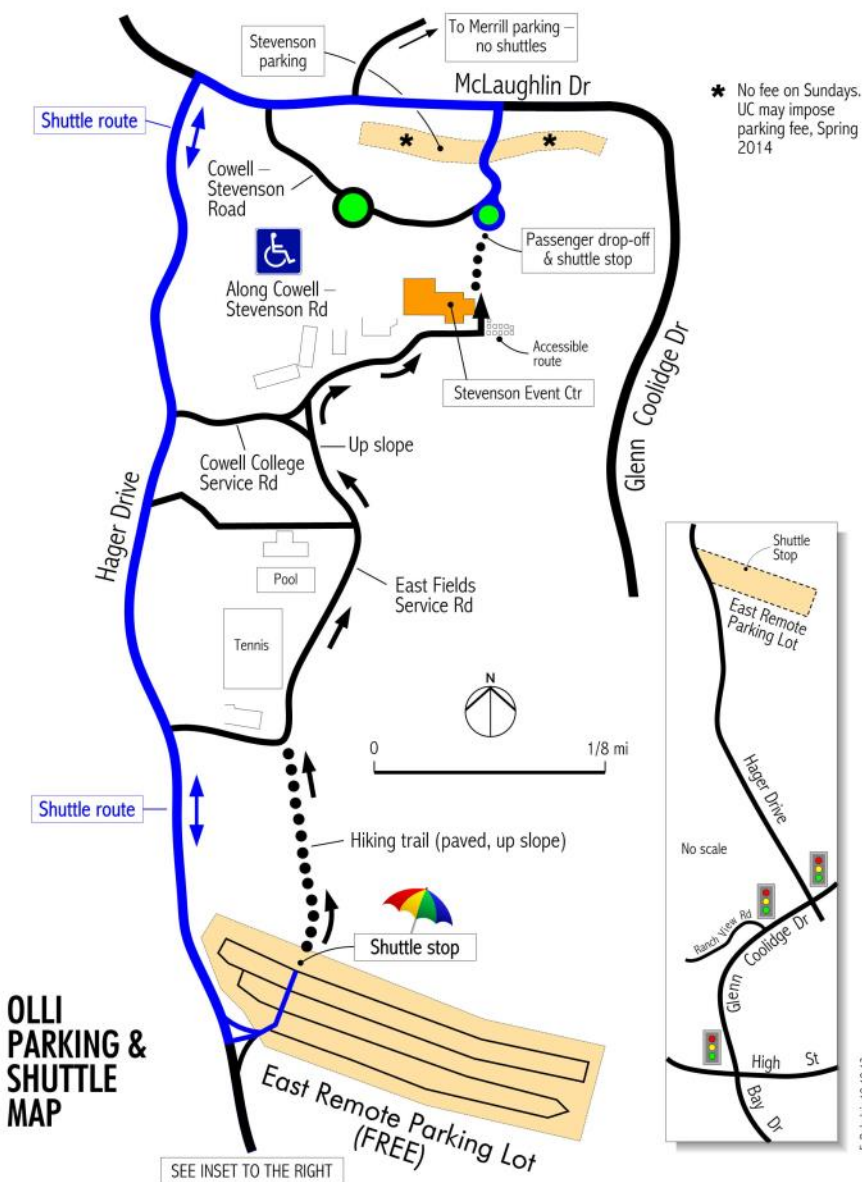
Because the Stevenson parking lots have been congested, we have expanded your choices for parking at our monthly General Meetings at the Stevenson Event Center. You may still use the Stevenson lots, but we've arranged for overflow parking in the East Remote Lot. See map.

Step 1. Come to Stevenson as usual. If there is a parking space in one of the Stevenson lots, a parking attendant will let you know. If you have no passengers to drop off at the top, you can park in the available space. There will be a shuttle if you don't want to walk the hill to Stevenson.

Step 2. If you have passengers to drop off at the Stevenson circle, do so, and proceed back down the hill. If there is no room in one of the Stevenson lots, the attendant will give you a copy of the map at right. Follow the blue route on the map and take the four minute drive to the East Remote Parking Lot, and park there.

Step 3. Look for the person with the large rainbow umbrella standing in the lot. This is the OLLI Shuttle Stop. We have arranged for frequent shuttles to bring you to and from the meeting.

Step 3a. Instead of taking the shuttle, you may choose the lovely 10 – 15 minute walk to the Stevenson Event Center. The way is paved, mostly flat, with two uphill segments. The same map shows the way to walk to Stevenson.



A larger, printable version of this map is available at <http://ucsc-osher.wikispaces.com/speakers>

Or go to our home page and click on [General Meetings and Parking](#)

This is a work in progress. We will value your feedback. How did it work? What suggestions have you?

Send an email to our Parking Committee Chair, Dennis Morris at morris@valsys.com.

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Keep up to date with the latest events at <http://ucsc-osher.wikispaces.com>

For further information about the Osher Lifelong Learning Institute at UCSC, call 831-459-2552.