



Contents

| | |
|--------------------------|----|
| President's Article | 2 |
| Alternative Spring Break | 4 |
| Courses | 5 |
| Interest Groups | 8 |
| Promotion Partners | 12 |
| Board of Directors | 13 |

A publication of Osher Lifelong Learning Institute at UCSC (OLLI), a UCSC Friends Group

Published in September, November, January, March and May with e-Bulletins published in the intervening months.

OLLI at UCSC is a community of men and women from diverse educational, occupational and geographic backgrounds who are devoted to the pursuit of learning. We enjoy spirited discussions, reading and exploring new interests. Money raised from our activities is used to fund scholarships for transfer and re-entry students at UCSC.

Publisher: David Lieby
Reporter: Johnna Laird

Future OLLI Meeting Dates:
May 17?

OLLI Newsletter

Next General Meeting, Sunday, To Be Determined
Colleges 9 & 10 Multipurpose Room, 10AM
University of California Santa Cruz

April General Meeting Cancelled

Due to the spread of the COVID-19 virus in Santa Cruz County we have cancelled the April 19th General Meeting. After due consideration the Year End Celebration that usually occurs in May will not be held. We are very concerned with the welfare of our members, their families and friends.

On the Lighter Side

Food Investigation reveals the March OLLI General Meeting was safe

By Anonymous,

Continuing studies of the food situation at OLLI General Meetings led to two astonishing excellent findings that we feel compelled and actually, pleased, to share with members.

Number 1: There was no food crisis at the March 15 General Meeting! In fact, our investigators discovered that there was NO MEETING at all! And Food Service never arrived!

Number 2: Three independent fly-by-night off-campus labs studied the samples of the food at the previous meeting in February. Their analyses revealed categorically and unanimously that there was NO CORONA VIRUS particles in any of the cakes or fruits tested. There was a little piece of napkin reported attached to one of the cake samples. But it proved benign.

Our team has been informed that OLLI General Meetings have been cancelled during the Spring Quarter due to the pandemic, so we will suspend our work until the next meeting occurs.

Rest assured, your OLLI Food Emergency Team will stay vigilant.

The President's Article

Distancing

Now that we have regretfully postponed our OLLI activities and are sheltering in place, what are you doing to continue your life- your socializing and learning activities? *BTW, many are using the words Social Distancing... let's call it **Physical Distancing**. We can still socialize- just in different ways.*

Socializing

It is important to ensure that we maintain contact with others for that all important socializing and the kindness of checking on them. What can you do?

- Phone calls- and here is an idea: pick an OLLI member you don't know from the directory and call them to become acquainted. If you don't have a paper directory, there is a brand-new updated one on our website: oli.ucsc.edu.
- Texts- pass around amusing memes and jokes- everyone can use a laugh
- Letters and notes
- Facetime if you want to see a friendly face
- Facebook and Next Door if you use those
- Investigate using Zoom with groups to continue meetings

Staying Connected

Here are a couple of interesting suggestions from members:

- Well Connected: <https://covia.org/services/well-connected/>
- TedED: https://ed.ted.com/daily_newsletter

Learning

To continue your learning activities, you could enjoy:

- Online courses
- Online visits to museums, countries
- Puzzles and "brain" games
- Learning a new skill like knitting or crocheting or woodworking or gardening
- *See Ginna Holcombe's article for many ideas*

Maintaining Health

- Be sure to get outside every day... take a walk- no matter how short
- Sit in the sun
- Open your windows at least once a day to let fresh air in
- Consume healthy fruits and vegetables
- Get enough sleep

Helping Yourself and Others

This is the time you could do all those things you have been meaning to get to...

- Sort through old slides and transfer them to a current medium
- Go through all of those old diaries and cards and save only the very, very most important ones and consider transferring to a more current medium
- Write your memoir
- Clean your home- donate food, gently used clothes, and household items to Grey Bears, Salvation Army, Goodwill, or other such organizations
- Clean out expired foods and condiments from your pantry and/or refrigerator
- Organize and clean up your email inbox
- Go birding (by yourself)
- Make a file of all your important papers
- See what you can do to support our local businesses- buy gift cards from local businesses
- Start an in-home herb garden with a kit from Amazon or another local business

Calming Anxiety

If you are feeling anxious:

- Write down all those things that worry you; it helps to put it in writing because sometimes you suddenly find a way to relieve the anxiety
- Listen to a calming podcast
- Try meditation
- Take a nap
- Deep breaths! Inhale and exhale slowly
- Count to 10 slowly. Repeat, and count to 20 if necessary
- Accept that you cannot control everything
- Talk to a friend
- Do something for someone else

But above all- be safe, shelter in place, go out only for necessary trips (or that short walk for daily fresh air), encourage others to do the same. We are all in this together and together we will make it through.

In health,

Bonita Sebastian

Keep up-to-date with the Santa County Corona Virus
web site at:

<http://www.santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/CommunicableDiseaseControl/Coronavirus.aspx>

Alternative Spring Break (ASB) News

Sad News: The Alternative Spring Break is cancelled for this year

By Mark Gordon

As the rest of the UCSC and the world ground to a halt because of the corona virus, of course the Alternative Spring Break had to be cancelled. Our team was looking forward to three days of fascinating collaboratikon with Colleges Nine and Ten students and with the folks in Watsonville the were our ASB partners.

The Calabasas Community Garden, of course, continues to function, even though the school is closed. And the money we collected for garden tools has been delivered. I hope to be able to give you all a list of what was purchased with the more than \$1200 that was donated by so many of you.

The Alternative Spring Break will arise again, I am assured in 2021. I will keep you posted.

Security Help

BE WARY and TAKE CARE!

Unfortunately, bad actors are using the uncertainty surrounding Covid-19 as an opportunity to gain access to personal data and to infect computers for future use.

Suspect Foul Play If...

- **Plays on fear or urgency** – Subjects such as “New Coronavirus Confirmed in Your Area” or “High-Risk Area” indicate a phishing attempt. Legitimate sources use calm and credible language.
- **Personal Information** – Almost never will a legitimate source ask for your password or personal information. Look closely at the link or website address to confirm it is legitimate.
- **Unfamiliar/Generic Greeting** – Emails starting with “Sir/Madam” or general, impersonal greetings should be viewed with skepticism.
- **Sketchy Sender Address** – Hover over the sender’s name to see the email address. Legitimate Covid-19 sources do not come from an *AOL.com*, *yahoo.com*, or even *gmail.com* address.

For authoritative information on the Covid-19, visit the World Health Organization <https://www.who.int/>, or the Center for Disease Control <https://www.cdc.gov/>.

Courses

FALL OLLI COURSES

While we are all washing our hands, obsessing on the news, taking solitary walks, and learning how to use Zoom, let's also look forward to OLLI courses for next fall. Because of the cancellations, we will be having a very full schedule. We may even have to have classes both morning and afternoon. We will be back to our old college days.

So, here we go--

Three courses to complete

Fred and Ginger: one more movie. (By the way, I find watching Fred and Ginger on youtube a real upper.)

Major Supreme Court Decisions that Changed America: Arthur Rolston has presented one thought provoking class so far.

Food and Biochemistry: Barry Bowman, informative as always

Scheduled courses hopefully postponed to the Fall

Beyond the Binary: New Ways of Thinking about Sex and Gender Mary Crawford's class already had a substantial enrollment.

A Survey of Ecology: We are so fortunate to have Jim Estes planning this class for us.

Recurring Courses

International Affairs, Fall 2020: Let's hope Ronnie Gruhn has some good news for us.

Modern Molecular Biology: ---always fascinating.

New Fall courses (so far)

Dante: Many of you may remember Margaret Brose's class on The Inferno. She is planning to share more of her understanding of Dante with us.

Frank Capra: Bill Park will be showing and discussing films by this director of the thirties and forties. Here is a quotation by Capra.
"Film is one of the three universal languages, the other two: mathematics and music."

A Primer on Climate Change: Roger Knacke, who has kept us informed on all things astronomical, is preparing a course that will give us a deep understanding of climate change.

The Beauty of Mathematics: Solving Equations Peter Farkas has been in Princeton this year, thinking about challenging classes for us.

Plus classes by Leta Miller, Dale Johnson, Aimee Zygmanski---subjects to be announced---and probably others I have yet to discover.

So, see you all in class next fall.

If you already paid for a course or paid for one you cannot attend, we will be flexible about fees.

Lois Widom

ZOOM comes to OLLI

By Mark Gordon

The Corona Virus! Sheltering in Place!! Sitting alone at home, missing all our normal OLLI courses and Interest Groups feels terrible. OK, so we laughed as we binge watched "Grace and Frankie." And skyped with some friends we haven't seen recently. That was good. But, when the day for the Current Affairs Interest Group, which I lead, came and went, I felt really bad.

But then one of the group's members who has access to ZOOM, an online meeting platform, offered to help me hold a virtual meeting. Wow, I thought, this could be wonderful. I tested it with one of our group members and saw how easy it was to make it work. So, we went ahead on Wednesday March, 25, 2020 and held our first Virtual Current Affairs meeting.

It was a stunning success. All the participants could see each other. ZOOM has a mechanism that allows people to indicate that they would like to speak, and I, as moderator, called on each of these folks in turn. It worked perfectly. For me, it was very sweet to see everyone whom I've been missing for several weeks, because all our OLLI events were cancelled.

The consensus in our group was that while ZOOM could never replace the warmth and richness of a face to face gathering, it is perfect when we're forced to stay at home because of the pandemic.

Assuming the "shelter in place" order continues, OLLI's Current Affairs (One) Interest Group will meet again via ZOOM on April 15.



More data on ZOOM

From Dennis: As a comment Marion (my wife) is holding a Zoom book club meeting now. Seems to work very well. So interest groups that meet should have no problem meeting virtually. Also we are in Nevada City and others are in the Bay Area. Our data rate is also pretty low so it should not be a problem for anyone. They have 9 members. I think it cost us \$14.99 for a month usage. I believe up to 3 people is free.

From Cindy: I've been told that there is no ZOOM charge for unlimited people and time because of all the school closings.

Alternatives to Zoom

Several alternatives to Zoom are available. They each have strong points and weak points. All of them have time lag problems so making music together is not too easy. These may be changing to adapt during these times.

Analysis available for each in no particular order:

Skype

<https://brandongaille.com/14-skype-pros-and-cons/>

Facetime for IOS devices only

<http://comparecamp.com/facetime-review-pricing-pros-cons-features/>

Face Book Video Chats

Not too good for more than two people

Google Hangouts

Not for more than two

Other things to Conference

Hold an audio/video conference Seder for Passover that begins on April 8. Sing along together (if a little out of sync), ask the questions, and spill the blood (wine or grape juice) for the ancient plagues and the current ones (make up your own list of 10 ... lots to choose from).
Chag Sameach!

An Easter get together to see what everyone is doing to celebrate.

REMEMBER THOSE WHO ARE LESS FORTUNATE

May we who are merely inconvenienced
Remember those whose lives are at stake.

May we who have no risk factors
Remember those more vulnerable.

May we who have the luxury of working from home
Remember those who choose between health and making rent.

May we who can care for our children when schools close
Remember those who have no options.

May we who have to cancel trips
Remember those who have no place to go.

May we who are losing our margin money in the upset economy
Remember those who have no margin at all.

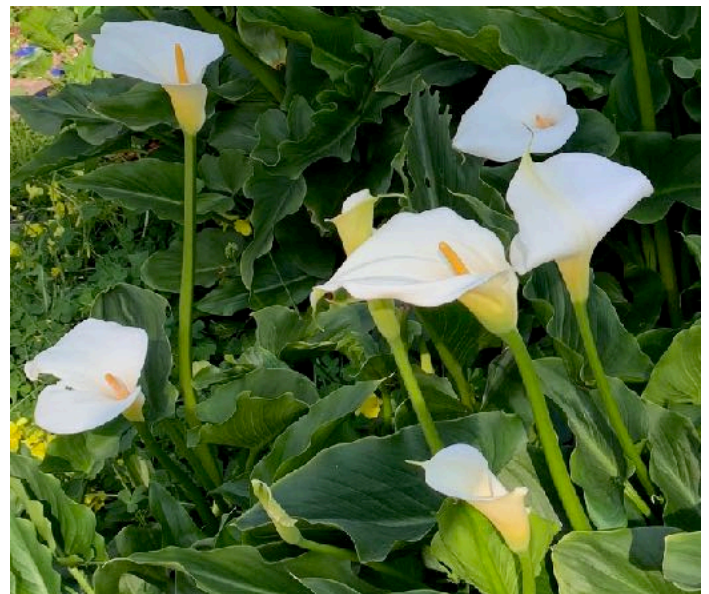
May we who settle in for a quarantine at home
Remember those who have no home.



Stay connected... Help one another... but no touching!



SENIOR OUTREACH offers telephone consultations to anyone over the age of 50 who needs to talk to a trained peer counselor about personal challenges they are experiencing. This FREE service is available to OLLI members and to all seniors in the community. For more information, please leave your name and phone number at (831) 999-3659.



Interest Groups

Stay In – Reach Out

Ginna Holcombe

We all know social interaction is critical for our well-being. Slews of studies demonstrate robust benefits, both emotional and physical, of social activity. Social engagement strengthens emotional vitality, cognition, memory, processing speed, and executive function and delays cognitive decline and dementia. Furthermore, social interconnection correlates with important physical advantages, such as lowered blood pressure and cardiovascular disease, osteoporosis, some cancers, and even longevity.

So how do we cope during this unusual period of social isolation, when social activity may threaten our health or the health of our community? For starters, **GO OUTSIDE**: viruses hate clean, fresh air! We're luckier than most Americans, surrounded by an abundance of natural beauty. Take a nature walk. Tend your neglected garden. Listen to the birds. Smell the ocean. Feel the forest floor. See spring blooming.



For those of us who no longer wander surefootedly, how about picking up the **TELEPHONE**? Remember that old-school form of communication? Recall all those friends and relatives you owe a catch-up chinwag. Ring them! How wonderful to have time to renew relationships. What about neighbors? Any single dwellers who might really appreciate a friendly 'howdy'? The telephone-based socialization program for disabled veterans, **RESOLV** (Recreation, Education, and Socialization for Older Learning Veterans), develops a sense of community, shared learning, activity despite limitations, and distraction from limitations.

Participation in mentally stimulating leisure activities is a potential contributor to sustained cognitive health, exerting a protective effect against cognitive decline and dementia. Online social networking is becoming increasingly popular as a method for social interaction. The Internet-based **SKYPE** has long been popular for inexpensive video chats and voice calls, especially internationally. Like it or not, most of the world interconnects via **EMAIL** and sites like Facebook and Twitter. If you're not already subscribed, consider joining **NEXTDOOR.COM** to stay abreast of your neighborhood goings-on.

A recently published longitudinal study of ~7000 community-dwelling adults at least 50 years old, concluded that going to museums, art galleries, exhibitions, theatre, concerts, or opera was associated with longevity (Fancourt & Steptoe, 2019). In the comfort of your living room, visit the world's

MUSEUMS.



- Smithsonian etc: smithsonianmag.com/travel/virtual-travel-180974440/
- 2500 Tours: hyperallergic.com/547919/2500-virtual-museum-tours-google-arts-culture/
- Famous Museums: travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours
- World-Class Museums: mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online

ART GALLERIES

- National Gallery (London): nationalgallery.org.uk/visiting/virtual-tours
- The Louvre: louvre.fr/en/visites-en-ligne



THEATRE

- Shakespeare: londonist.com/london/theatre-and-arts/globe-theatre-streaming-plays-online
- Broadway: insider.com/best-broadway-shows-you-can-stream-for-free-online-coronavirus-2020-3
- Musicals: timeout.com/newyork/theater/the-best-musicals-now-on-broadwayhd

MUSIC

- World Symphonies: thrillist.com/news/nation/virtual-operas-symphonies-streaming
- Popular: cnet.com/news/all-live-streaming-concerts/
- Classical: lifehacker.com/the-best-classical-music-streaming-service-is-idagio-1835922082
- Folk: radio.net/s/folkalley
- The Met: metopera.org/season/on-demand/
- Royal Opera House: londonist.com/london/things-to-do/royal-opera-house-streaming-free-shows-ballet



MOVIES

- Classics, Indies, Noir, Westerns: openculture.com/freemoviesonline
- Newly Streaming: editorial.rottentomatoes.com/article/fresh-movies-you-can-watch-for-free-online-right-now/
- Movies and Classic TV: crackle.com/
- Documentaries: topdocumentaryfilms.com/

For centuries, individuals and societies have aimed to live longer with less morbidity. Toward that end, participation in mentally stimulating activities is one potent contributor to sustained cognitive health. In lieu of OLLI classes, interest groups, and general meeting expert speakers, online learning opportunities abound. Below is a very small sample of educational websites. Furthermore, many of the games are interactive as well as educational and fun.

COURSES

- Culture: classcentral.com/subject/culture
- Science and Cooking: online-learning.harvard.edu/course/science-and-cooking
- Culture: online-learning.harvard.edu/subject/culture
- Pharmacology: online-learning.harvard.edu/course/hmx-pharmacology
- Audiobooks: openculture.com/freeaudiobooks



GAMES



- Mahjong, Solitaire, Word, Puzzles: games.aarp.org
- Sudoku, Chess, Simulations onlinegamesforseniors.com
- Bingo, Casino, thousands more: earlyaccess.pogo.com/benefits
- Chess: chess.com
- Jigsaw Puzzles: thejigsawpuzzles.com; gamebrew.com/game/shape-inlay/play
- Memory: memozor.com/memory-games/for-seniors-or-elderly

One of my favorite online treats is live cameras of animals. Witness creatures up close and personal via live-cams. Such a privilege!

ANIMALS

- US Locales: hdontap.com/
- Around the World: explore.org/livecams
- Monterey Bay Aquarium: montereybayaquarium.org/animals/live-cams
- Atlanta Zoo pandas: zooatlanta.org/panda-cam/
- San Diego Zoo: kids.sandiegozoo.org/videos
- Birds: academy.allaboutbirds.org/features/wallofbirds/



With luck, some of these ideas will pique an interest or two. If you're new to cyberspace or uneasy with the Internet, ask a grandchild for help – yet another social interaction!

Stay well by reaching out -

| Interest Group | Leader | Phone (831) | Email |
|-------------------------------|--------------------------------|----------------------|---|
| Adventuring | Kathryn Nance | 332 8051 | momokat13@gmail.com |
| All Things Classical | Jay Stoffer | (310) 923 3099 | jaystoffer8@gmail.com |
| American History & Literature | Virginia Law Mark Ordway | 425 5453 295 2542 | veelaw29@gmail.com meordway@gmail.com |
| Aptos Reading Group | New leader needed | | |
| Art-Joy of Painting | Gayla Pius | 464 6559 | gaylapius@gmail.com |
| Art & Architecture | Lois Widom | 423 0184 | lowidom@yahoo.com |
| Bagel Ladies | Mary McKane | 419 4588 | mmckane9@me.com |
| Baroque Festival | David Copp | 708 2206 | dhcopp@yahoo.com |
| Basketball Women | Mary Carvalho | 332 2361 | marycarvalho@gmai.com |
| Biographical Fiction | Jan Mintz | (714) 719 0694 | musicmintz@gmail.com |
| Bridge | Jo Anne Diott | 688-1607 | jjdiott@gmail.com |
| Campus Caravan ** | Mary Carvalho | 332 2361 | marycarvalho@gmail.com |
| Concept Exchange * | Peter Marks | 464 8300 | peter@designinsight.com |
| Current Affairs I | Mark Gordon | (408) 314 4802 | mgordon@cruzio.com |
| Digital Photography | Cindy Margolin | 688 8129 | crmargol@gmail.com |
| Dining Out | Diane Zacher Kathy Hatfield | 786 9550 426 6399 | dianezacher@gmail.com b40mom@gmail.com |
| Ears in Action | Florence Orenstein | 427-2380 | santacruzflors@aol.com |
| English in Action | Karin Grobe | 427 0984 | karingrobe@gmail.com |
| Evening Book Group | Dusty Miller | 426-0835 | hndmiller@hotmail.com |
| Explore Santa Cruz County | Kathryn Nance Sue Myers | 425 4569 818 6450 | momokat13@gmail.com suemyers85@gmail.com |
| Favorite Flicks | Bill Patterson | 479 3729 | wilderwill@comcast.net |
| Fiction Writing | Leader needed | | |
| Financial Education | Steve Edmonds | 338 3106 | steve2rr@gmail.com |
| Folk Singing | Lou Rose | 477 0360 | ramblingroses@yahoo.com |
| French for French Speakers | Richard Zakarian | 713 5798 | rzakarian@csun.edu |
| Future of Capitalism | Barry Bowman | 459 2245 | bbowman@ucsc.edu |
| Great Books I * | Faye Alexander | 476 8575 | qtpie95010@gmail.com |
| Great Books II * | Susan Gorsky | 688 5371 | sgorsky@sbcglobal.net |
| Great Decisions | Joya Chaterjee Gaby Litsky | 458 9008 462 9023 | joya_chatterjee@yahoo.com glitsky@aol.com |
| Horticulture | Pat McVeigh | 566 4553 | pmcveigh@baymoon.com |
| Lunchtime Dining Out | Irene Lennox | 457 2690 | irenefraetroom@gmail.com |
| Memoir Writing I | Joyce Burt | 464 3470 | sandplay@ix.netcom.com |
| Memoir Writing II * | Kathryn Cowan | 431 6114 | kathycowan43@yahoo.com |
| Natural History | Jeff Manker | 763 0725 | fireweed8@gmail.com |
| Navigating Retirement | Katrina Cope Nancy Calvin | 713 8440 466 0720 | katrina.cope@gmail.com nancycalvin52@gmail.com |
| New Yorker Aptos * | Joan Rose | 477 0360 | ramblingroses@yahoo.com |

| | | | |
|----------------------------|------------------------------------|-----------------------|--|
| New Yorker Capitola | Faye Alexander Barbara Banducci | 476-8575 234- 7906 | qtpie95010@gmail.com bbanducci43@yahoo.com |
| New Yorker SC I * | Peggy Williams | 476 2965 | pegwil.atty@gmail.com |
| New Yorker SC II * | Helen Jones | 420 1220 | helenjones815@gmail.com |
| Newcomers | Kate Erstein | 454 8578 | kate.erstein@gmail.com |
| Nonfiction East Side | Owen Brown | 234 4903 | wowenbrown@mac.com |
| Nonfiction West Side * | Mary Carvalho | 332 2361 | marycarvalho@gmail.com |
| Play Reading | Billie Harris | 600 8315 | billie@cruzio.com |
| Puente Project | Richard Bruce Sesario Escoto | 462 1280 212 7184 | richard.bruce@gmail.com sesarioescoto@gmail.com |
| Read & Socialize * | Edna Elkins | 454 8611 | ednautah@msn.com |
| Read It Again, Sam * | Joan Rose | 477 0360 | ramblingroses@yahoo.com |
| Reading Circle | Irene Lennox | 457 2690 | irenefraetoon@gmail.com |
| Recorder Playing | Mary Ann Franson | | mfranson@cruzio.com |
| Short Stories | Kathryn Cowan | 431 6114 | kathycowan43@yahoo.com |
| Social Science * | Dusty Miller | 426 0835 | hndmiller@hotmail.com |
| Spanish Convers Beginning | Helene Weil | 332 0547 | helene.ggd@gmail.com |
| Spanish Conversation * | Dolores McCabe | 588 5195 | dmccabe47@gmail.com |
| Splendor of <i>The Sun</i> | Dale Zevin | 818 8059 | soqueldale@gmail.com |
| TED Talks | Constantine Lackides | (310) 505 6900 | cnlackides@gmail.com |
| Tennis Doubles | David Brick | 325 7380 | dbrick@cruzio.com |
| Theatrics | Margot Hoffman | 295 4144 | margothoffman@gmail.com |
| Travel Treasures | Joya Chatterjee Gaby Litsky | 458 9008 462 9023 | joya_chatterjee@yahoo.com glitsky@aol.com |
| Visit Not-for-Profits | Gabrielle Stocker | 426 0865 | gstocker2@cruzio.com |
| Walking | Alice Tarail | 334 3328 | alicet@cruzio.com |
| What If | Phil Lynch | 426-1837 | what.if.alternative.history@gmail.com |
| Wine Tasting | Margie Lafia | | mlafia56@gmail.com |
| Writing Geneal History * | Pamela Roby | 247 0675 | roby@ucsc.edu |

* full; ** delayed

Steamers Lane in the Winter



Promotion Partners

Santa Cruz Chorale 2019–2020

Christmas with the Chorale

Saturday December 21, 8pm

Sunday December 22, 4pm

Guest Concert: New Choir

Sunday March 22, 4pm

J.S. Bach and Franz Schubert

Saturday May 23, 8pm

Sunday May 24, 4pm

All concerts at Holy Cross Church
Santa Cruz

Info and tickets at:
www.santacruzchorale.org
(831) 427-8023




NextStage
PRODUCTIONS

Theatre and Performing Arts for Active 50+

<https://www.nextstagesantacruz.org/>



JEWEL THEATRE
COMPANY



ESPRESSIVO
a small, intense orchestra



SANTA CRUZ
SHAKESPEARE

<https://www.santacruzshakespeare.org/>



Santa Cruz Baroque Festival

P.O. Box 482 Santa Cruz, CA 95061
contact@santacruzbaroquefestival.org
scbaroque.org • 831.457.9693

Board of Directors, 2019 - 2020



~Standing from left: Cindy Margolin, Ginna Holcombe, Karen Gammell, Bill Patterson, Mark Gordon, Gail Greenwood, and Barry Bowman
~Seated from left: David Lieby, Sara Radoff, Lois Widom, Janis Bolt, and Bonita Sebastian
~not shown, Dennis Morris, Chris Le Maistre and Kate Erstein

President*
Bonita Sebastian, 476-1796
bonitas@ucsc.edu

Secretary*
Janis Bolt, (678) 431-8969
msjmb1@yahoo.com

Treasurer*
Cindy Margolin, 688-8129
crmargol@gmail.com

Vice President*
Barry Bowman
bbowman@ucsc.edu

*Elected office

Immediate Past President
Gail Greenwood, 556-4276
msaspasia@gmail.com

Website, Calendar
Dennis Morris, 462-8827
(408) 497-4647
dennis@morrismed.com

Course Coordinator
Lois Widom, 423-0184
lowidom@yahoo.com

Program Coordinator
Barry Bowman
bbowman@ucsc.edu

Membership and Events
Karen Gamell, 905-6636
kgamell@yahoo.com

Interest Groups
Ginna Holcombe
ggogetter@sbcglobal.net

Facilities and Hospitality
Mark Gordon, (408) 314-4802
mgordon@cruzio.com

Publicity/Publications
David Lieby, 332-4303
dlieby@gmail.com

Scholarships
Bill Patterson, 459-3729
wilderwill@comcast.net

STARS
Sara Radoff, 459-4968
saradoff@ucsc.edu

DeShonne Keller, 459-4063
dkeller1@ucsc.edu

At Large Members
Chris Le Maistre, 471-2396
christopherlemaistre21@gmail.com

Kate Erstein, 454-8578
kate.erstein@gmail.com