Osher Lifelong Learning Institute at UCSC May 2020

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A publication of Osher Lifelong Learning Institute at UCSC (OLLI), a UCSC Friends Group

Published in September, November, January, March and May with e-Bulletins published in the intervening months.

OLLI at UCSC is a community of men and women from diverse educational, occupational and geographic backgrounds who are devoted to the pursuit of learning. We enjoy spirited discussions, reading and exploring new interests. Money raised from our activities is used to fund scholarships for transfer and re-entry students at UCSC.

Publisher: David Lieby Reporter: Johnna Laird

Future OLLI Meeting Dates: To Be Determined

OLLI Newsletter

Next General Meeting, Sunday, To Be Determined Colleges 9 & 10 Multipurpose Room, 10AM University of California Santa Cruz

Let's keep in Touch!

We held our normally scheduled OLLI Board of Directors meeting using ZOOM this month. It worked wonderfully. We had a great meeting and had productive discussions about how we respond to the current pandemic.

Because things are changing so fast and we cannot get together physically to enjoy each others company, we will be trying out new things. The newsletter will be published bimonthly with editions the beginning of the month and mid-month. We will also be actively inviting input from all of our members. The newsletters will all be electronically distributed until at least September so we will have a lot of room for input. This also makes it easy to access on-line content.

Barry Bowman on how COVID-19 works

For one of our OLLI Interest Groups, I made a short presentation about how the coronavirus infects our cells with a focus on how this knowledge is directing the development of treatments for the disease. The presentation is 16 minutes long. Because it was recorded from a ZOOM session some of the participants are visible on the left side of the video. The video can be accessed by this link: https://drive.google.com/file/d/15imDlfxaTSV-xP3d_dkHDEj_3Zxa9pNp/view?usp=sharing

Barry Bowman, Professor Emeritus Department of Molecular, Cell and Developmental Biology

Ronnie Gruhn's Classes On YouTube

Ronnie Gruhn, whose courses have enlightened us on world affairs over the years, has kindly offered to prepare podcasts for OLLI from time to time. She is calling them "Short Commentaries on International Aspects of the Current Crises and Its Impact on World Affairs." There will be links to them in this newsletter and in announcement letters. **Be sure to watch for and listen to them.** Ronnie is Professor Emerita of Politics at UCSC.

Just go on <u>youtube.com</u> and search for Ronnie Gruhn, <u>https://www.youtube.com/watch?v=vdDvLTDSxdk</u>

Editor's note: Go online and view this newsletter at <u>olli.uscc.edu</u> in your browser so you can use the live links. Those pointers are a little long. There are a lot more below too.

The President's Corner

As we continue to shelter in place during this pandemic, we turn to those activities we can enjoy in and from our homes. I hope you are finding activities to occupy your time.

I have been reading books, watching (too much) TV, doing a few OLLI tasks, texting and calling friends, participating in a few ZOOM meetings, taking a daily walk (sometimes in my own small home- 38 steps from front door to bedroom and if I do a round trip 5 times, I have taken 350 steps and if I do that 10 times, it is 3,500 steps... a start). I am also eating more frequently (not actually more food) and I enjoy breakfast, morning tea break, lunch, afternoon snack, and dinner. *Amazingly, I have not gained weight!*

Sometimes, I just sit on my patio and enjoy nature- trees budding out, flowers showing their pretty faces, birds singing, and clouds passing by... It is a pastime we frequently do not take time to enjoy in our usual busy lives... relaxing and enjoying our world.

One thing that may be missing and can help maintain our mental state is volunteering. Doing for others is a very rewarding pastime. It is difficult to find opportunities when you are sequestered, but they do exist. Medicare has an online site that offers a few suggestions: https://www.medicare.org/articles/rewarding-work-from-home-volunteer-opportunities/

I am pleased to share with you a poem about the pandemic from one of my favorite authors and a great Scot-Alexander McCall Smith. If you have not read his books, I encourage you to do so... they are delightful. The kind of reading we need at a time like this.

Solastalgia (The feeling you get when the shape of the world about you changes too quickly)

In a time of distance

The unexpected always happens in the way
The unexpected has always occurred:
While we are doing something else,
While we are thinking of altogether
Different things – matters that events
Then show to be every bit as unimportant
As our human concerns so often are;
And then, with the unexpected upon us,
We look at one another with a sort of surprise;
How could things possibly turn out this way
When we are so competent, so pleased
With the elaborate systems we've created –
Networks and satellites, intelligent machines,

Pills for every eventuality – except this one? And so we turn again to face one another

And discover those things

We had almost forgotten,

But that, mercifully, are still there:

Love and friendship, not just for those

To whom we are closest, but also for those

Whom we do not know and of whom

Perhaps we have in the past been frightened;

The words brother and sister, powerful still,

Are brought out, dusted down,

Found to be still capable of expressing

What we feel for others, that precise concern;

Joined together in adversity

We discover things we had put aside:

Old board games with obscure rules,

Books we had been meaning to read.

Letters we had intended to write,

Things we had thought we might say

But for which we never found the time;

And from these discoveries of self, of time,

There comes a new realisation

That we have been in too much of hurry,

That we have misused our fragile world,

That we have forgotten the claims of others

Who have been left behind:

We find that out in our seclusion,

In our silence; we commit ourselves afresh,

We look for a few bars of song

That we used to sing together,

A long time ago; we give what we can,

We wait, knowing that when this is over

A lot of us - not all perhaps - but most,

Will be slightly different people,

And our world, though diminished,

Will be much bigger, its beauty revealed afresh.

OLLI Membership extended to September

Because we are currently not able to work in our campus office, we are extending the expiration of the current OLLI membership year. Instead of expiring at the end of June 2020, your membership now expires at the end of September 2020. We will reassess the situation when we are closer to September and will keep you informed. If you have questions, please email Bonita Sebastian at BonitaS@ucsc.edu.

OLLI Board Elections

Because we are not having our regular OLLI General Meetings, it will be difficult to hold our usual May elections for this coming year (2020-21). The elected positions include President, Vice President, Treasurer, and Secretary. The current board members* have offered to remain in their offices at least until September. If you have questions, suggestions, or objections to this plan, please email Bonita Sebastian at BonitaS@ucsc.edu.

*One exception to this is our Secretary, Janis Bolt who has taken a position with another organization. We will really miss Janis but hope to welcome one of you to the board as our new secretary. Please look for her description of those secretarial duties to the right. If you are interested or have additional questions, please email Bonita Sebastian at BonitaS@ucsc.edu.

Stay safe, stay home, be well until we meet again face to face,

Bonita Sebastian

SENIOR OUTREACH offers telephone consultations to anyone over the age of 50 who needs to talk to a trained peer counselor about personal challenges they are experiencing. This FREE service is available to OLLI members and to all seniors in the community. For more information, please leave your name and phone number at (831) 999-3659.

OLLI UCSC is Seeking a Replacement Secretary

President Bonita Sebastian has issued a request for nominees for the position of Secretary to the Board of Directors. This position is an elected officer position and requires a vote by the membership. The duties are to attend a monthly board meeting, record the approved motions adopted by a quorum, record attendance, salient discussion points and to distribute a copy to the members for editing. The format follows the agenda developed by the President and currently recorded using Google Docs. The Secretary may select his/her software program featuring an edit function.

To view samples of minutes at <u>olli.ucsc.edu</u>, click on Board of Directors and then on Board of Directors Minutes.

Please contact Bonita Sebastian at 831-476-1796 to offer your services.

For details about the position contact Janis Bolt at 678-431-8969.



Keep up-to-date with the Santa County Corona Virus web site at:

http://www.santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/CommunicableDiseaseControl/



Passover Seder COVID-19 Style

California, Georgia, Florida, New York, Massachusetts, Maryland and Brazil celebrate together with social distancing, though singing together was very strange. And, yes, for those with sharp eyes, that is Mandy Patinkin in the upper left. But we finally let him sing alone. ~Cindy Margolin

Security Help

BE WARY and TAKE CARE!

Unfortunately, bad actors are using the uncertainty surrounding Covid-19 as an opportunity to gain access to personal data and to infect computers for future use.

Suspect Foul Play If...

- Plays on fear or urgency Subjects such as "New Coronavirus Confirmed in Your Area" or "High-Risk Area" indicate a phishing attempt. Legitimate sources use calm and credible language.
- **Personal Information** Almost never will a legitimate source ask for your password or personal information. Look closely at the link or website address to confirm it is legitimate.
- **Unfamiliar/Generic Greeting** Emails starting with "Sir/Madam" or general, impersonal greetings should be viewed with skepticism.
- Sketchy Sender Address Hover over the sender's name to see the email address.
 Legitimate Covid-19 sources do not come from an AOL.com, yahoo.com, or even gmail.com address.

For authoritative information on the Covid-19, visit the World Health Organization https://www.who.int/, or the Center for Disease Control https://www.cdc.gov/.

Courses

FALL OLLI COURSES

While we are all washing our hands, obsessing on the news, taking solitary walks, and learning how to use ZOOM, and checking out our online courses and podcasts on the OLLI website, let's also look forward to OLLI courses for next fall. Because of the cancellations, we will be having a very full schedule. We may even have to have classes both morning and afternoon. We will be back to our old college days.

So, here we go--

Three courses to complete

Fred and Ginger: one more movie. (By the way, I find watching Fred and Ginger on youtube a real upper.)

Major Supreme Court Decisions that Changed America: Arthur Rolston has presented one thought provoking class so far.

Food and Biochemistry: Barry Bowman, informative as always

Scheduled courses hopefully postponed to the Fall

Beyond the Binary: New Ways of Thinking about Sex and Gender Mary Crawford's class already had a substantial enrollment.

A Survey of Ecology: We are so fortunate to have Jim Estes planning this class for us.

Recurring Courses

International Affairs, Fall 2020: Let's hope Ronnie Gruhn has some good news for us.

Modern Molecular Biology: --- always fascinating.

New Fall courses (so far)

Dante: Many of you may remember Margaret Brose's class on The Divine Comedy. Margaret is offering us a further look into the work of this fascinating and pivotal writer.

Frank Capra: Bill Park will be showing and discussing films by this director of the thirties and forties. Here is a quotation by Capra.

"Film is one of the three universal languages, the other two: mathematics and music."

A Primer on Climate Change: Roger Knacke, who has kept us informed on all things astronomical, is preparing a course that will give us a deep understanding of climate change.

The Beauty of Mathematics: Solving Equations Peter Farkas has been in Princeton this year, thinking about challenging classes for us.

Plus classes by Leta Miller, Dale Johnson, Aimee Zygmonski---subects to be announced---and probably others I have yet to discover.

So, see you all in class next fall.

If you already paid for a course or paid for one you cannot attend, we will be flexible about fees.



Huge Caption Contest!!!!!

There was a bit of a contest to create a caption for the ZOOM Board Meeting screen shot.

"Here we are in all our glory" ~Cindy Margolin

"OLLI Board members placed under house arrest because of Food Scandal!" ~Barry Bowman

"Bored Bratty Bemused Board Bolsters Brainstorms Byte by Byte" ~Ginna Holcombe

"Your Brainstorming Board" ~Ginna Holcombe

"Bonkers Board Busted for Boredom" ~Ginna Holcombe

"OLLI Board or Hollywood Squares?" ~Ginna Holcombe

"Bored Board of OLLI, @ Padlock University" ~Karen Gamell

And the winner — "OLLIwood Squares" ~Ginna Holcomb

ZOOM Board Meeting on April 13, 2020

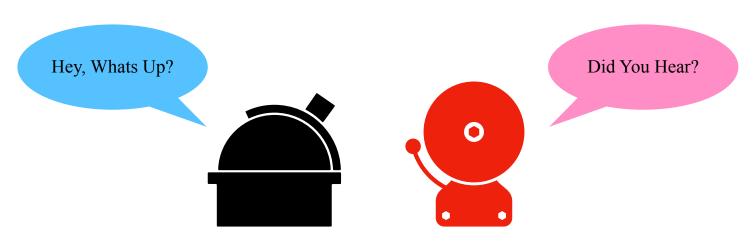
It worked well and we had a productive meeting.

There are several other applications that you can use for your own group whether interest group, Family, or Friends

Help Us Stay Connected

Send us your thoughts and ideas for inclusion in future bimonthly newsletters. We are interested in the well-being of our members and what everyone is doing to cope with the rules created to help us weather the pandemic. Everyone is encouraged to participate in this effort.

Please send your input to: <u>olliucsc@gmail.com</u> with "Newsletter" in the subject line.



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Interest Groups

Stay In - Reach Out

Ginna Holcombe

We all know social interaction is critical for our well-being. Slews of studies demonstrate robust benefits, both emotional and physical, of social activity. Social engagement strengthens emotional vitality, cognition, memory, processing speed, and executive function and delays cognitive decline and dementia. Furthermore, social interconnection correlates with important physical advantages, such as lowered blood pressure and cardiovascular disease, osteoporosis, some cancers, and even longevity.

So how do we cope during this unusual pehealth or the health of our community? For jer than most Americans ier than most Americans, surrounded by an glected garden. Listen to the birds. Smell the ocean. Feel the forest floor. See spring blooming.

riod of social isolation, when social activity may threaten our starters. GO OUTSIDE: viruses hate clean, fresh air! We're luckabundance of natural beauty. Take a nature walk. Tend your ne-

For those of us who no longer wander surefootedly, how about picking up the TELEPHONE? Remember that old-school form of communication? Recall all those friends and relatives you owe a catch-up $m{k}$ chinwag. Ring them! How wonderful to have time to renew relationships. What about neighbors? Any single dwellers who might really appreciate a friendly 'howdy'? The telephone-based socialization program for disabled veterans, RESOLV (Recreation, Education, and Socialization for Older Learning Veter-

ans), develops a sense of community, shared learning, activity despite limitations, and distraction from limitations.

Participation in mentally stimulating leisure activities is a potential contributor to sustained cognitive health, exerting a protective effect against cognitive decline and dementia. Online social networking is becoming increasingly popular as a method for social interaction. The Internet-based SKYPE has long been popular for inexpensive video chats and voice calls, especially internationally. Like it or not, most of the world interconnects via EMAIL and sites like Facebook and Twitter. If you're not already subscribed, consider joining NEXTDOOR.COM to stay abreast of your neighborhood goings-on.

A recently published longitudinal study of ~7000 community-dwelling adults at least 50 years old, concluded that going to museums, art galleries, exhibitions, theatre, concerts, or opera was associated with longevity (Fancourt & Steptoe, 2019). In the comfort of your living room, visit the world's

MUSEUMS.



- Smithsonian etc: smithsonian etc: smithsonian etc: smithsonianmag.com/travel/virtual-travel-180974440/
- 2500 Tours: hyperallergic.com/547919/2500-virtual-museum-tours-google-arts-culture/
- Famous Museums: travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours
- World-Class Museums: mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online

ART GALLERIES

- National Gallery (London): nationalgallery.org.uk/visiting/virtual-tours
- The Louvre: louvre.fr/en/visites-en-ligne

THEATRE

- Shakespeare: londonist.com/london/theatre-and-arts/globe-theatre-streaming-plays-online
- Broadway: insider.com/best-broadway-shows-you-can-stream-for-free-online-coronavirus-2020-3
- Musicals: timeout.com/newyork/theater/the-best-musicals-now-on-broadwayhd

- World Symphonies: thrillist.com/news/nation/virtual-operas-symphonies-streaming
- Popular: cnet.com/news/all-live-streaming-concerts/
- Classical: lifehacker.com/the-best-classical-music-streaming-service-is-idagio-1835922082
- Folk: <u>radio.net/s/folkalley</u>
- The Met: metopera.org/season/on-demand/
- Royal Opera House: londonist.com/london/things-to-do/royal-opera-house-streaming-free-shows-ballet



MOVIES

- Classics, Indies, Noir, Westerns: <u>openculture.com/freemoviesonline</u>
- Newly Streaming: editorial.rottentomatoes.com/article/fresh-movies-you-can-watch-for-free-online-right-now/
- Movies and Classic TV: <u>crackle.com/</u>
- Documentaries: topdocumentaryfilms.com/

For centuries, individuals and societies have aimed to live longer with less morbidity. Toward that end, participation in mentally stimulating activities is one potent contributor to sustained cognitive health. In lieu of OLLI classes, interest groups, and general meeting expert speakers, online learning opportunities abound. Below is a very small sample of educational websites. Furthermore, many of the games are interactive as well as educational and fun.

COURSES

- Culture: classcentral.com/subject/culture
- Science and Cooking: online-learning.harvard.edu/course/science-and-cooking
- Culture: online-learning.harvard.edu/subject/culture
- Pharmacology: online-learning.harvard.edu/course/hmx-pharmacology
- Audiobooks: <u>openculture.com/freeaudiobooks</u>







- Mahjong, Solitaire, Word, Puzzles: games.aarp.org
- Sudoku, Chess, Simulations onlinegamesforseniors.com
- Bingo, Casino, thousands more: earlyaccess.pogo.com/benefits
- Chess: chess.com
- Jigsaw Puzzles: thejigsawpuzzles.com; gamebrew.com/game/shape-inlay/play
- Memory: memozor.com/memory-games/for-seniors-or-elderly

One of my favorite online treats is live cameras of animals. Witness creatures up close and personal via live-cams. Such a privilege!

ANIMALS

- US Locales: hdontap.com/
- Around the World: explore.org/livecams
- Monterey Bay Aquarium: montereybayaquarium.org/animals/live-cams
- Atlanta Zoo pandas: zooatlanta.org/panda-cam/
- San Diego Zoo: kids.sandiegozoo.org/videos
- Birds: academy.allaboutbirds.org/features/wallofbirds/



With luck, some of these ideas will pique an interest or two. If you're new to cyberspace or uneasy with the Internet, ask a grandchild for help – yet another social interaction!

Stay well by reaching out -



Email your caption to *ginwinner@sbcglobal.net* to be published in our next newsletter.



OLLI members have found a way to come together despite being "socially isolated," as more and more of our interest groups meet face-to-face *online*.

Last week, the New Yorker/Aptos group held its usual twohour meeting – not in a living room, but online. We began the meeting by sharing our feelings about living in quarantine. Each of us had a few minutes to talk about missing our family and friends, our concerns about contagion, and how we get groceries. We even managed to have some good laughs together!

Most of the time, however, it looked just like one of our regular OLLI gatherings. The group discussed selections read before our meeting: a short story, an article, a poem, and a cartoon. Yes, we had to provide our own tea and goodies, but the rest of the meeting went as smoothly as in person! Several OLLI interest groups are now meeting online (in red on our IG list below).

These groups usually use ZOOM, an online meeting platform. You may already be familiar with SKYPE, which is good for meetings between two sites. Well, ZOOM can connect you face-to-face with multiple sites - so you can meet with groups of people.

A big bonus: ZOOM not only works for group meetings, but (like SKYPE) is good for keeping you in close contact with your family and friends. My husband and I "zoom" to Claremont late every afternoon to visit our family. (Our daughter, who lives in Claremont, uses ZOOM to teach her college classes and attend faculty meetings while quarantined.) Yesterday, during an online visit, our six-year-old granddaughter read a children's book to us; then we chatted with our daughter and her husband while our young grandson napped nearby. These regular visits have become an integral part of our lives, and we actually have more close family time together than before!



The point is: You don't have to be alone, even if you're "socially isolated" right now.

So, how does ZOOM work? The meeting *Host* and *Participants* usually use a computer with a camera - most computers have them. The ZOOM app may also be used with a smart phone (but seeing other participants is challenging) or without a camera for only audio connection. The *Host* schedules a meeting and emails invitations to join the meeting; *Participants* simply click on the invitation link at the specified time and follow prompts like clicking on 'join meeting'. That puts the attendee on a screen with other participants – so brush your hair!

If you'd like to be a *Participant*, you need no training. That said, there is a one-minute training video here: https://www.youtube.com/embed/hlkCmbvAHQQ?rel=0&autoplay=1&cc_load_policy=1. (Two options are presented - but you will use only the first.)

<u>olli.ucsc.edu</u> May 2020

If you'd like to be a *Host* to schedule a meeting, click on this link for a two-minute training video: https://www.youtube.com/embed/XhZW3iyXV9U?rel=0&autoplay=1&cc_load_policy=1.

If you're still a bit apprehensive, the following OLLI members are happy to talk you through the simple steps of joining ZOOM, becoming a *Host*, inviting *Participants*, or managing a meeting:



Barry Bowman (831 459 2245) Mark Gordon (408 314 4802) Dennis Morris (408 497 4674) Bonita Sebastian (831 476 1796) Lois Widom (831 423 0184)

ZOOM is free to all and the usual 40minute time limit has been lifted during the pandemic. Someone in the group must be the host. This is easy but one of the OLLI members listed above can assist you in this, too.

Right now, social distancing is essential but we can still keep in touch with loved ones and friends - and **keep on learning!**

Interest Group	Leader	Phone (831)	Email
Adventuring	Kathryn Nance	332 8051	momokat13@gmail.com
All Things Classical	Jay Stoffer	(310) 923 3099	jaystoffer8@gmail.com
American History & Literature	Virginia Law Mark Ordway	425 5453 295 2542	veelaw29@gmail.com meordway@gmail.com
Aptos Reading Group	New leader needed		
Art-Joy of Painting	Gayla Pius	464 6559	gaylapius@gmail.com
Art & Architecture	Lois Widom	423 0184	lowidom@yahoo.com
Bagel Ladies	Mary McKane	419 4588	mmckane9@me.com
Baroque Festival	David Copp	708 2206	dhcopp@yahoo.com
Basketball Women	Mary Caravalho	332 2361	marycaravalho@gmai.com
Biographical Fiction	Jan Mintz	(714) 719 0694	musicmintz@gmail.com
Bridge	Jo Anne Dlott	688-1607	jjdlott@gmail.com
Campus Caravan **	Mary Caravalho	332 2361	marycaravalho@gmail.com
Concept Exchange *	Peter Marks	464 8300	peter@designinsight.com
Current Affairs	Mark Gordon	(408) 314 4802	mgordon@cruzio.com
Digital Photography	Cindy Margolin	688 8129	crmargol@gmail.com
Dining Out	Diane Zacher Kathy Hatfield	786 9550 426 6399	dianezacher@gmail.com b40mom@gmail.com
Ears in Action	Florence Orenstein	427-2380	santacruzflos@aol.com
English in Action	Karin Grobe	427 0984	karingrobe@gmail.com
Evening Book Group	Dusty Miller	426-0835	hndmiller@hotmail.com
Explore Santa Cruz County	Kathryn Nance Sue Myers	425 4569 818 6450	momokat13@gmail.com suemyers85@gmail.com
Favorite Flicks	Bill Patterson	479 3729	wilderwill@comcast.net
Fiction Writing	Leader needed		
Financial Education	Steve Edmonds	338 3106	steve2rr@gmail.com

Interest Group	Leader	Phone (831)	Email
Folk Singing	Lou Rose	477 0360	ramblingroses@yahoo.com
French for French Speakers	Richard Zakarian	713 5798	rzakarian@csun.edu
Future of Capitalism	Barry Bowman	459 2245	bbowman@ucsc.edu
Great Books I *	Faye Alexander	476 8575	qtpie95010@gmail.com
Great Books II *	Susan Gorsky	688 5371	sgorsky@sbcglobal.net
Great Decisions	Joya Chaterjee Gaby Litsky	458 9008 462 9023	joya_chatterjee@yahoo.com glitsky@aol.com
Horticulture	Pat McVeigh	566 4553	pmcveigh@baymoon.com
Lunchtime Dining Out	Irene Lennox	457 2690	irenefraetroon@gmail.com
Memoir Writing I	Joyce Burt	464 3470	sandplay@ix.netcom.com
Memoir Writing II *	Kathryn Cowan	431 6114	kathycowan43@yahoo.com
Natural History	Jeff Manker	763 0725	fireweed8@gmail.com
Navigating Retirement	Katrina Cope Nancy Calvin	713 8440 466 0720	katrina.cope@gmail.com nancycalvin52@gmail.com
New Yorker Aptos *	Joan Rose	477 0360	ramblingroses@yahoo.com
New Yorker Capitola	Faye Alexander Barbara Banducci	476-8575 234-7906	qtpie95010@gmail.com bbanducci43@yahoo.com
New Yorker SC I *	Peggy Williams	476 2965	pegwil.atty@gmail.com
New Yorker SC II *	Helen Jones	420 1220	helenjones815@gmail.com
Newcomers	Kate Erstein	454 8578	kate.erstein@gmail.com
Nonfiction East Side	Owen Brown	234 4903	wowenbrown@mac.com
Nonfiction West Side *	Mary Caravalho	332 2361	marycaravalho@gmail.com
Play Reading	Billie Harris	600 8315	billie@cruzio.com
Puente Project	Richard Bruce Sesario Escoto	462 1280 212 7184	richard.bruce@gmail.com sesarioescoto@gmail.com
Read & Socialize *	Edna Elkins	454 8611	ednautah@msn.com
Read It Again, Sam *	Joan Rose	477 0360	ramblingroses@yahoo.com
Reading Circle	Irene Lennox	457 2690	irenefraetroon@gmail.com
Recorder Playing	Mary Ann Franson		mfranson@cruzio.com
Short Stories	Kathryn Cowan	431 6114	kathycowan43@yahoo.com
Social Science *	Dusty Miller	426 0835	hndmiller@hotmail.com
Spanish Convers Beginning	Helene Weil	332 0547	helene.ggd@gmail.com
Spanish Conversation *	Dolores McCabe	588 5195	dmccabe47@gmail.com
Splendor of The Sun	Dale Zevin	818 8059	soqueldale@gmail.com
TED Talks	Constantine Lackides	(310) 505 6900	cnlackides@gmail.com
Tennis Doubles	David Brick	325 7380	dbrick@cruzio.com
Theatricks	Margot Hoffman	295 4144	margothoffman@gmail.com
Travel Treasures	Joya Chatterjee Gaby Litsky	458 9008 462 9023	joya_chatterjee@yahoo.com glitsky@aol.com
Visit Not-for-Profits	Gabrielle Stocker	426 0865	gstocker2@cruzio.com
Walking	Alice Tarail	334 3328	alicet@cruzio.com
What If	Phil Lynch	426-1837	what.if.alternative.history@gmail.com
Wine Tasting	Margie Lafia		mlafia56@gmail.com
Writing Geneal History *	Pamela Roby	247 0675	roby@ucsc.edu





Promotion Partners

Santa Cruz Chorale 2020

Guest Concert: New Choir Sunday, March 22, 4pm CANCELLED

JS Bach and Franz Schubert (postponed from May) Saturday, October 17, 8pm Sunday, October 18, 4pm

Christmas with the Chorale Saturday, December 19, 8pm Sunday, December 4pm

All concerts at Holy Cross Church Santa Cruz

Info and tickets: www.santachoralechorale.org (831) 427 8023











https://www.santacruzshakespeare.org/



P.O. Box 482 Santa Cruz, CA 95061 contact@santacruzbaroquefestival.org scbaroque.org • 831.457.9693

OLLIwood Squares



Bonita Sebastian, Cindy Margolin, Janis Bolt, Lois Widom Barry Bowman, Kate Erstein, Bill Patterson, DeShonne Keller Mark Gordon, Dennis Morris, Ginna Holcombe, David Lieby Sara Radoff

~not shown. Chris Le Maistre. Karen Gammell. and Gail Greenwood

President*

Bonita Sebastian, 476-1796 bonitas@ucsc.edu

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Janis Bolt, (678) 431-8969 msjmb1@yahoo.com

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Cindy Margolin, 688-8129 crmargol@gmail.com

Vice President*

Barry Bowman bbowman@ucsc.edu
*Elected office

Immediate Past President

Gail Greenwood, 556-4276 msaspasia@gmail.com

Website, Calendar

Dennis Morris, 462-8827 (408) 497-4647 dennis@morrismed.com

Course Coordinator

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