



Newsletter: Volume 39, Issue 7, April 2024

**Osher Lifelong Learning
Institute**

OLLI at UCSC is a community of folks from diverse educational, occupational, and geographic backgrounds who pursue new ideas, new friends, and new activities through social and educational interaction. Its funds support scholarships to transfer and re-entry students at UCSC.

**Going the Distance:
The Teaching Profession
in a post-COVID World**

Lora Bartlett

Associate Professor of Education, UCSC

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After earning an MA degree in education and English, Lora Bartlett taught in the public school system for several years. She decided to learn more about our educational system, earned a PhD from UC Berkeley, and joined the faculty at UC Santa Cruz. In her work she has focused on the nature of the teaching profession. In a recent book she described how many schools are getting the teachers they need only by intensive recruiting outside the US, especially in the Philippines. Professor Bartlett will present to us a well-informed view of the current status of the teaching profession.

**Sunday, April 21st
10:00 – noon**

Editor: Barry Bowman
Copy Editor: Kate Erstein

◆ open to the public ◆

**Colleges Nine & John R Lewis
Multipurpose Room**

Free Core West parking and shuttle service
<https://olli.ucsc.edu/general-meetings/parking/index.htm>

Dear Spring Chickens:

Friends are often surprised to learn that I become quite nervous before each of our monthly Sunday Speaker meetings. Is our speaker sufficiently engaging? Will the audience be sizable? Are the course flyers accurate? Do we have all the appropriate table signs? Will food and coffee last? Was every question raised at last month's meeting addressed? Can I kick off the meeting with a little bit of informative entertainment without taking too much time?

After our meetings, inevitably, I'm elated by a sense of group accomplishment, friendship, support, and rosy OLLI future. We are such an extraordinary bunch, yes? ...full of high-quality ideas, diverse life experiences, and lots of good humor. Meaningful social engagement is so key to our well-being, especially as we age and lose old friends and family members.

Social connectedness and lifelong learning, along with a plant-based diet and staying physically active, are key tenets of the Blue Zones Project founded in 2010 by former National Geographic Explorer Dan Buettner, who detailed places around the world where people routinely live to 100. Not only do social interaction and friendship provide intellectual stimulation and emotional support, but they have been identified as critical elements for longevity.

An independent collaborative of scientists, health professionals, scholars, and policy experts working in areas of brain health related to human cognition, the Global Council on Brain Health focuses on cognitive fitness or people's ability to think and reason as they age, including aspects of memory, perception, and judgment. They have concluded that social engagement helps maintain thinking skills and slows cognitive decline in later life.

Based on reports by this global council, the American Association of Retired Persons (AARP) draws attention to how harmful isolation can be for both physical and brain health and recommends specific actions to promote social engagement. Among them are the following:

◆ Speak often with relatives, friends and/or neighbors. **Attend OLLI meetings!** ◆

Help others. **Volunteer to help set up or break down OLLI classrooms!** ◆ Add a social activity you didn't try before. **Write an OLLI newsletter piece!** ◆ Try out courses, interest groups, organizations. **Take an OLLI course!** ◆ Start a group that doesn't exist in your community. **Start an OLLI interest group!**

Mingling at OLLI gatherings isn't just fun, and often educational, but you just might stumble on a few new folks who speak your language... who tickle your fancy... who share your politics... who read the same authors... who need a friend.

Go well, Ginna

Check out the UCSC Calendar of Events for lifelong learning and socializing:

<https://calendar.ucsc.edu/>

OLLI is excited to announce a new partnership with talk radio station Santa Cruz Voice. Collectively representing over 300 years of broadcasting experience, the hosts of Santa Cruz Voice stream news, music, interviews with local people and organizations and more.

While many people deserve credit for reviving community radio in Santa Cruz, Rosemary Chalmers, the morning voice of Santa Cruz at KSCO for three decades before KSCO shut down, led her peers to a new experiment in internet community radio at www.santacruzvoice.com. Today, Santa Cruz Voice hosts a variety of programs and hosts that are well known in the community, such as Rosemary Chalmers and Bill Wolverton of Good Morning Monterey Bay, Michael Olson of Food Chain Radio, Noon Balloon with Bill Proulx and other co-hosts.



Bill Proulx has agreed to promote OLLI's Sunday meetings on Santa Cruz Voice. Bill focuses on senior programs and activities for Santa Cruz County residents in his interviews. Bill will interview our President, Ginna Holcombe, and Barry Bowman, Program Coordinator, on April 22 at 12 noon. Visit www.santacruzvoice.com to listen to the interview.



OLLI is also forming a new partnership with Mountain Community Theater (MCT). MCT has been a vibrant community theater in Ben Lomond since 1982, making it the county's longest continuously running theater company.

In addition to their successful productions, MCT has a miracle of its own: after obtaining permission to publish and produce "Miracle on 34th Street" in 1995, a dispute in 2003 led to MCT losing the rights. However, attorney Peter Gelblum joined MCT in 2008 and successfully negotiated with 20th Century Fox to reinstate MCT's rights, which allows MCT to receive royalties every time "Miracle on 34th Street" is performed in the USA and in Canada, thereby helping to cover performance costs and maintain affordable ticket prices.

For its 2024 season, MCT is excited to present two productions of Neil Simon's classic, "The Odd Couple". MCT is offering both "The Odd Couple: Female Version", and the revised male version "Oscar and Felix: A New Look at "The Odd Couple," providing audiences a unique opportunity to compare and enjoy the differences in Simon's iconic plays. The productions run between March 22 and April 14 alternating between matinee and evening shows. General tickets cost \$25. Seniors pay only \$20. For more information visit <https://mctshows.org/>.

Learning about BioMedical Research at UCSC Barry Bowman

Because UCSC has no Medical School, many people in our community are unaware of the size and scale of the biomedical research program on the campus. This effort is supported by more than \$100 million, mostly from the National Institutes of Health but also from private sources such as the Howard Hughes Medical Foundation and the American Cancer Society. There are approximately 60 research laboratories operating in three large buildings. Some of this research is focused on basic science questions, like “how are specific genes turned off and on?” but other labs are doing work aimed at developing new medical treatments, such as improved vaccines or new methods to prevent viral infections. Much of the research is done by PhD students and postdoctoral researchers. At the undergraduate level the university also has a large biomedical focus. The introductory biology course enrolls over 1000 students every year, most of whom are aiming for careers in medicine and health care. These students move on to professional schools, and some return to practice in Santa Cruz. My dentist and my eye doctor were undergraduate students in courses that I taught.

Over the years quite a few of the biomedical research faculty have given presentations for OLLI - at Sunday speaker meetings, in courses and in interest groups. In May we will have several opportunities to hear about ongoing biomedical research at UCSC. At the May 19 Sunday meeting our speaker will be Donald Smith, Distinguished Professor of Microbiology and Environmental Toxicology. Professor Smith has made important contributions to our understanding of how toxic metals, such as lead and mercury, damage our cells and cause disease. On the four Saturdays in May I will coordinate the OLLI course *Modern Molecular Biology*. Professor Michael Patnode will tell us about his research on microorganisms that live in our gut. The work of Professor Shaheen Sikandar is focused on understanding the role of stem cells in the development of tumors. Professor Valerie Cortez has been investigating a type of virus that is a major cause of illness in young children. Our goal in this OLLI course is to explain biomedical research in language that is understandable to an audience who have not had training in science. The course is taught in one of the newer science buildings at UCSC, providing an opportunity to get a glimpse of the laboratories. I hope you can participate.

Volunteer to Judge the Annual Graduate Symposium

This event is free and open to the public at McHenry Library. Judges are from within and outside of academia. You will score five proficiencies: oral communication, enthusiasm, language use, visuals, and relevance. Judging is fun and easy and supports those graduate students who participate!

Volunteer a few hours of your time **Friday, May 17, 12:30-4:00.**

If interested, please contact Sonya Newlyn, Division of Graduate Studies, UCSC

Phones: (831) 459 3136; cell: (831) 345 6921

When Ginna asked for a monthly newsletter topic, I wondered how OLLI folks can help kids meet future challenges. Kids face a mix of old and new obstacles to becoming their best selves:

- 1) A third of our kids grow up in chaos - without a competent and caring adult on their side. This is partly due to high rates of unplanned pregnancy, divorce, untreated mental illness, poverty, and homelessness. We also have the world's highest percentage of kids growing up in single-parent families (Pew Research). Nearly a million kids are attacked in their schools each year. More are bullied. Twelve percent of households have a parent with an alcohol, drug, or other substance addiction problem (SAMHSA statistic).
 - 2) Companies often see kids as a source of revenue to be exploited, rather than humanity's future to be nurtured. This goes beyond the must-have toys of our youth. Over 70% of supermarket foods are engineered to be addictive per pediatric obesity researcher Robert Lustig. Developers of games and social media (now 10% of GDP) design offerings to maximize screen time and revenues. Addicting repeat customers has become a "business model" from Perdue Pharma (opioid crisis) to Facebook.
 - 3) Teens spend over seven hours per day looking at screens, *not* including school work (Gitnux Marketdata). The rate of childhood obesity has gone from about 5% in the 1960's to 20% today (CDC). Instead of encouraging kids to go outside and play, the incentives are now to watch sports, bet on sports, play video games based on sports, watch ESPN shows telling us how to gamble on sports, create fantasy sports teams, and *then* bet on *those*.
 - 4) Thirty percent of California school kids were "chronically absent" in 2022. That figure only slightly improved in 2023.
 - 5) Project-based learning is (was) the secret sauce behind Yankee Ingenuity and high-tech success stories from Thomas Edison through Bill Gates. Our schools now have less interest and fewer resources to foster this. Of the 40,000 kids in Santa Cruz county, only one hundred participated in the 2024 STEAM (Science-Technology-Engineering-Art-Math) Fair.
 - 6) Kids are surrounded by fake news and conspiracy theories and grow up in pockets of partisanship.
 - 7) When kids are asked "what do you want to be when you grow up" the number one answer is now "social media influencer." Think Kim Kardashian selling cosmetics on TikTok replacing such old standby's like "fire fighter" or "astronaut." *Meanwhile*, artificial intelligence (AI), automation, and a shrinking middle class may decimate what used to be considered good jobs.
- None of these challenges is insurmountable. For example, when kids are immersed in learning projects they gain a sense of agency, find new friends, and spend less time mindlessly enmeshed in digital media. In the coming months we'll look at one challenge at a time -- and resources here in Santa Cruz that address it. Many of you in the OLLI community are already working on solutions - we can highlight your work.

Let me know your thoughts - both on the obstacles facing our kids and ways to whittle the obstacles down to size.

Pete Marks spent his career helping companies around the world design and build better products. In retirement he works with non-profits and his own "Micronaut" program to build better opportunities for kids.

Spring Courses

To register for a course, go to olli.ucsc.edu; click **Log into Your UCSC OLLI Account**. Click the **Course** button and follow instructions or register by mail using the form in this newsletter.

International Affairs ♦ **Ronnie Gruhn**, Professor Emerita, Politics
OLLI **YouT**ube channel: Every other Monday

Dr Gruhn has a passionate and undiminished interest in reading, writing, and talking about world affairs. OLLI is most fortunate she shares her knowledge in podcasts offering powerful insights into what is happening today. To answer any question about current international affairs, please email Ronnie@UCSC.edu. Watch your inbox for OLLI email that links to each commentary. To subscribe to our YouTube channel, go to https://www.youtube.com/channel/UCU7U1Mly_RuSsk4QjQD4WNw.

Beyond the Binary ♦ **Mary Crawford**, Professor Emerita, Psychology and Women's Studies
London Nelson CC, Wednesdays 10:30: April 3, 10, 17, 24



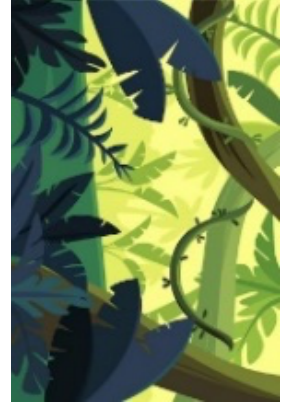
What's up with gender? It used to be so simple. Men were manly and women were womanly, and everyone was (assumed to be) heterosexual. But Facebook now has more than thirty categories for gender identity; more and more people are claiming a spectrum of gender identities and sexual orientations. However, intersex, lesbian, gay, bisexual, transgender, and nonbinary individuals have existed throughout history and across cultures. If you are curious about why some individuals want to be referred to as "they," unsure about the meaning of terms like cisgender, genderqueer, and nonbinary, or weary of political battles over medical care for trans youth, this course will add to your understanding of current sex-and-gender issues. It is a thoughtful exploration of complex factors that contribute to making each of us a gendered and sexually oriented human being.

Dr Crawford focuses on women and gender, particularly regarding health, sexuality, and communication. A Fellow of both the American Psychological Association and the American Psychological Society, she has authored more than 120 journal articles and chapters and has written/edited ten books, including a widely adopted text for students, *Transformations: Women, Gender, and Psychology* (3rd Ed, 2018).

**The Amazon and Humankind ♦ David Sweet, Professor Emeritus, History
London Nelson CC, Fridays 1:30: April 5, 12, 19, 26**

The vast Amazon basin is a unique, little-known space on our planet whose history can enlighten in many ways the history of the whole human race. This course will demonstrate the truth of that claim through eight 45-minute stories, proceeding in chronological order.

The first story says nothing at all about human beings. The second story follows humankind as we learned to live and thrive in the Amazon basin for some ten thousand years. The third and fourth stories introduce European actors in their “discovery” of that space and its inhabitants and examine the chaos introduced (mostly by Portuguese) of a barely functional “society without government” in 17th and 18th centuries. The fifth story describes an impoverished, short-lived colonial government, a bloody “caste war” against historic oppression, and incorporation of Amazonia into the independent Empire of Brazil. The sixth story discusses the slow introduction of politics, the end of monarchy, foreign investment, and 19th-century industrial capitalism. The seventh story covers foreign immigration, urbanization, and neglect by the government of Brazil, culminating in a US-supported military dictatorship bent on exploiting Amazonian wealth at all cost. The final story explores developments, horrifying and hopeful, for Amazonia and the world since the return to Brazilian democracy in 1984.



Dr Sweet taught Latin American (especially Mexican) and Early Modern History for thirty years at UCSC. Always an activist, he was a co-founder of Witness for Peace in the 1980s.

**Women in Western Civilization from Roman to Medieval World ♦ Gail Greenwood,
History teacher London Nelson CC, Wednesdays 10:30: May 1, 8, 15, 22**



Much of this time period was about religion. Romans were largely secular polytheistic Pagans, but in the vast Roman Empire there were people who defined themselves primarily by their religions, which brought them into political conflict with their rulers. When the rulers themselves converted to Christianity, the conflicts continued but changed direction. This course sweeps across Western society, looking at Hebrew, Christian, and Medieval women, whether they were royal, middle class, or peasant. If time permits, we may look at the Renaissance.

A retired community college teacher, Gail Greenwood taught survey courses for 34 years in American History, Western Civilization, and Women in both American and Western Civilization. In the 1970s she created the first Women in American History courses at American River College.

Modern Molecular Biology ♦ **Barry Bowman**, Professor Emeritus, Molecular, Cell & Developmental Biology

Room 240, Physical Sciences Building, UCSC, Saturdays 10:30:

May 4, 11, 18, 25

The last 50 years have seen tremendous progress in our understanding of genes, proteins and other molecules that combine to form living organisms. In this course, four UCSC professors talk about recent discoveries in molecular biology. Dr Bowman, the course coordinator, begins with a basic review of genes and proteins that are intended for a general audience. A scientific background or knowledge of biology is not expected. Free parking is near the classroom.

May 4: **Barry Bowman**: An introduction to molecular biology

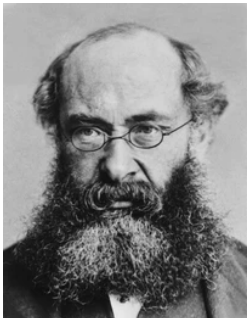
May 11: **Michael Patnode**: How do microbes living in the human intestine compete with one another for nutrients in the foods we eat?

May 18: **Shaheen Sikandar**: How do stem cells in normal tissue differ from stem cells in cancer tissue?

May 25: **Valerie Cortez**: What are the molecular mechanisms by which viruses infect the cells of young children?

Introducing Anthony Trollope ♦ **Bill Park**, Professor Emeritus, Literature

London Nelson CC, Tuesdays 10:30: May 7, 14, 21, 28



Both Nathaniel Hawthorne and Henry James—coming from two different generations of America—believed that Anthony Trollope’s novels gave an uncannily accurate picture of Victorian England. The characters in Trollope’s novels face such romantic turmoil, pecuniary difficulties, and moral decisions that they give us a feeling not just of Victorian life, but of the human condition. I know of no novelist of any period who better offers such a range of three-dimensional characters, and no novelist is a more gifted storyteller. Imagine! Trollope wrote no fewer than 47 novels--all of them worth reading--while managing the Postal System of the British Empire. Trollope invented the mailbox. The course will focus on one novel (as yet to be determined), but will examine his art and vision. [A happy bonus: Audible Books offers a lively enhancement of the assigned novel read by the incomparable Timothy West.]

Dr Park is Professor Emeritus of Literature at Sarah Lawrence College, where he taught for many years. He received his PhD in Eighteenth Century English Literature from Columbia University and has written extensively about literature and film. We are fortunate he moved to Santa Cruz and is eager to share his knowledge with us. Our members who have attended his classes were impressed by his encyclopedic knowledge of film and literature.

From Bill Park - "In this course we will read *Can You Forgive Her?*, the first of The Palliser novels. Please acquire the Penquin Classics edition (abebooks.com offers many). I strongly suggest that you also acquire the Audible edition of the book read by Timothy West. West's reading enhances the pleasures of the novel and enables you to listen while driving or doing chores ~ or just plain relaxing. Try to read or listen to the first ten chapters before the first class."

Eye Care, Disease, and Surgery ♦ Michael Lahey, ophthalmologist and retinal surgeon
London Nelson CC, Wednesdays 10:30: June 5, 12, 26 *Note: no class Juneteenth*



Have you ever wished you had more time to discuss your visual problem and its treatment options with your ophthalmologist? Mike Lahey, retinal surgeon and ophthalmologist, will cover multiple facets of eye care, including common visual diseases of the aging eye, such as cataract, macular degeneration, glaucoma, vascular retinal disease, and dry eye. He will get into the how and why of modern ophthalmic treatment often not afforded by typical office visits. Ophthalmic testing, laser types, kinds of surgery, and treatment of common diseases will be discussed along with the embryology, anatomy, and physiology of the eye. The eye is a fascinating organ; participating in this course will help you understand its beauty and function in health and disease.

Dr Lahey is a semi-retired retinal surgeon who graduated from University of Texas Health Science Center at San Antonio and trained in ophthalmology at UCSF followed by a UCLA fellowship in vitreoretinal surgery. Thereafter he was one of the busiest retinal surgeons in the bay area at Hayward Kaiser Permanente and currently works with veterans in Livermore.

Course Calendar

| Sun | Mon | Tues | Wed | Thur | Fri | Sat |
|-----|----------|----------------|---------------|--------|-----------|------------|
| | 01 APRIL | 02 Shakespeare | 03 Gender | 04 | 05 Amazon | 06 |
| 07 | 08 | 09 | 10 Gender | 11 | 12 Amazon | 13 |
| 14 | 15 | 16 | 17 Gender | 18 | 19 Amazon | 20 |
| 21 | 22 | 23 | 24 Gender | 25 | 26 Amazon | 27 |
| 28 | 29 | 30 | 01 Women | 02 MAY | 03 | 04 Biology |
| 05 | 06 | 07 Trollope | 08 Women | 09 | 10 | 11 Biology |
| 12 | 13 | 14 Trollope | 15 Women | 16 | 17 | 18 Biology |
| 19 | 20 | 21 Trollope | 22 Women | 23 | 24 | 25 Biology |
| 26 | 27 | 28 Trollope | 29 | 30 | 31 | 01 JUNE |
| 02 | 03 | 04 | 05 Eye Care | 06 | 07 | 08 |
| 09 | 10 | 11 | 12 Eye Care | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 Juneteenth | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 Eye Care | 27 | 28 | 29 |

The following two courses have been postponed due to instructor illness:

Modern English Grammar (Jorge Hankamer) and *Puzzles in Astronomy* (Bruce Margon).

You may use course fees already paid as simple donations or as credit for another course.

Interest Groups

Rusty Bowman Bowman

Digital Projector Available for Your Interest Group: OLLI has recently purchased a digital projector, which can be connected to any laptop computer. If you would like to use this projector for your IG, contact Barry Bowman (bbowman@ucsc.edu).

Interest Group Participation: I belong to five OLLI interest groups and enjoy them all. A favorite is Mark Folsom's Sustainability group. Just this week we had a Zoom presentation on local transportation challenges by Peter Newton, a member of the Friends of the Rail and Trail group. In December I especially enjoyed a talk by Danielle Devincenzi of Oikonos Ecosystem Knowledge, who studies seabirds at Año Nuevo Island. Why seabirds? They are top marine predators and good indicators of ocean health. Another group I like is Cindy Margolin's Digital Photography. It makes me think about the pictures I am taking. For example, I continue to fret that I was



too slow to lift the camera and shoot the healthy-looking hyena who paused to look straight at me on my recent trip to South Africa and Botswana. Fortunately, this beautiful bushbuck was more patient.

What are your favorite interest groups, and what do you like about them? Please do let me know so I can include your comments in the Newsletter!



Interest Group Directory

Here is the complete interest group directory. Some groups are full; some groups are Zoom only. If a group is full, please contact the leader for how to start and organize a second group. Many groups are open and would welcome you as a member; contact their leaders for more information. If you want to start a new group, contact me at ebowman@ucsc.edu. IG Leaders: thanks for updating Dennis (dennis@valsys.com) and me whenever your group info changes.

*Full, **Zoom only

February 19, 2024

| Interest Group | When | Leader | Phone (831) | Email |
|--------------------------------|------------------------|---------------|----------------|--|
| American History & Literature* | 4th M 10a | Scott McInnis | 661 5444 | r.scott.mcinnis@gmail.com |
| Art & Architecture | contact leader | Lois Widom | 423 0184 | lowidom@yahoo.com |
| Bagel Ladies * | Tu 10:30a | Mary McKane | 400 8799 | omforest9@gmail.com |
| Basketball Women | M 9-10a Holy Cross gym | Sally Grey | 325 0541 | saligrey@mac.com |
| Biographical Fiction * | 1st Th 1:30-2:30p | Jan Mintz | (714) 719 0694 | musicmintz@gmail.com |

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|--|---|---------------------------------|-------------------------------|---|
| Bridge | M 1p | Jo Anne Dlott | 688-1607 | jjdlott@gmail.com |
| Concept Exchange * | 1st Su 10:30a | Peter Marks | 464 8300 | peter@designinsight.com |
| Current Affairs * | on hiatus | Mark Gordon | (408) 314 4802 | mgordon@cruzio.com |
| Digital Photography * | 4th M 1:30p | Cindy Margolin | ---- | crmargol@gmail.com |
| Dining Out | 3rd Tu 6:30p 3rd W 6:30p | Diane Zacher Kathy Hatfield | 786 9550 431 3587 | dianezacher@gmail.com b40mom@gmail.com |
| Discover | contact leader | Kathryn Nance | 332 8051 | momokat13@gmail.com |
| English in Action | contact leader | Karin Grobe | 239 1284 | karingrobe@gmail.com |
| First Wednesday Books * | 1st W 4-6p | Dusty Miller | 426 0835 | hndmiller@hotmail.com |
| Folk Singing | Hiatus | Lou Rose | 477 0360 | ramblingroses@yahoo.com |
| French for French Speakers | 3rd M 1:30p | Beatrice Barbakow | 661 5444 | bbarjac@gmail.com |
| Future of Capitalism | 2nd Tu 1:30p | Barry Bowman | 423 1450 | bbowman@ucsc.edu |
| Great Books II ** | 1st W noon | Susan Gorsky | 234 4590 | sgorsky@sbcglobal.net |
| Great Decisions | M 10a-noon Feb, Mar, Apr | Joya Chatterjee Gaby Litsky | 458 9008 (808) 446 1328 | joya_chatterjee@yahoo.com gliitsky@aol.com |
| Grow Getters | TBD | Janice Kuch | (626) 808 1448 | jtkuch@gmail.com |
| Health, Longevity, and Lifestyle Solutions | 2nd Th 11a-1pm (except Mar 12:30-2:30) | Rabia Barkins | (760) 942 2764 | 7rabia7@gmail.com |
| International Cuisine | 3rd Th 1p | Irene Lennox | 818 0976 | irenefraetron@gmail.com |
| Jogging | F 10:30 | Douglas Garcia | 239 7620 | douglasagarcia@yahoo.com |
| Mahjonn American | on hiatus until July | Mary Paulson | 566 5159 | profpaulson@att.net |
| Mahjonn Chinese | M 1:00-3:00 | Ginna Holcombe | 689 9503 | gogetter9503@gmail.com |
| Memoir Writing I * | 2nd Th 2:30p | Richard Bruce | 427 7334 | richard.bruce@gmail.com |
| Memoir Writing II * | alternate Th 11-1p | Kathryn Cowan | 426 4842 | kathrynocowan@gmail.com |
| Memoir Writing III* | 3rd Th 1:30 | Sally Grey | 325 0451 | saligrey@mac.com |
| Mexican Train | tbd by group | Marian Disperati | 438 2561 | raymard@pacbell.net |
| Movies Monthly | 3rd Tu 1-3:30p | Douglas Garcia | 239 7620 | douglasagarcia@yahoo.com |
| Music Monthly | tbd by group | Frank Baudino | (209) 769 0841 | frankbaudino415@comcast.net |
| New Yorker Aptos * | alternate Th 1p | Joan Rose | 477 0360 | ramblingroses@yahoo.com |
| New Yorker SC I * | 3rd W 2p | Dena Taylor | 588 0746 | denataylor22@gmail.com |
| New Yorker SC II * | 2nd Th 2p | Helen Jones | 420 1220 | helenjones815@gmail.com |
| Newcomers | as needed | Kate Erstein | 454 8578 | kate.erstein@gmail.com |
| Nonfiction East Side ** | 4th M 1p Frederick St | Judy McNeely | 600 6382 | judybookdoc@collegepathfinders.com |
| Nonfiction Santa Cruz | 4th Tu 2p | Rabia Barkins Gail Greenwood | 566 4276 566 4276 | 7rabia7@gmail.com msaspasia@gmail.com |
| Read & Socialize * | 4th F 10a | Edna Elkins | 454 8611 | ednautah@msn.com |
| Read It Again, Sam * | 4th W 1p | Joan Rose | 477 0360 | ramblingroses@yahoo.com |
| Reading Circle | 3rd M 1:30p | Irene Lennox | 818 0976 | irenefraetron@gmail.com |

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|-----------------------|-----------------------------------|--------------------------------|-------------------------------|---|
| Recorder Playing | Tu 2:30p | Sandy Cohen | 247 2887 | slcohen222@cruzio.com |
| Social Science * | 3rd Tu 1:00p | Dusty Miller | 426 0835 | hndmiller@hotmail.com |
| Spanish Conversation | alternate W 2p | Dolores McCabe | 588 5195 | dmccabe47@gmail.com |
| Spanish South | 1st & 3rd W 3p | Patrick Keown | 427 9154 | kcirtap@cruzio.com |
| Sustainability ** | 3rd Tu 3p | Mark Folsom | 601 3770 | mffolsom@gmail.com |
| Tennis Doubles | Tu & Th 10:00a | David Brick | 325 7380 | dbrick@cruzio.com |
| Travel Treasures | Th 1p London Nelson March 2024 | Joya Chatterjee Gaby Litsky | 458 9008 (808) 446 1328 | joya_chatterjee@yahoo.com gliitsky@aol.com |
| Walking | W 9:30a | Anandi Paganini | 252 8980 | anandipaganini@sbcglobal.net |
| Wine and Beer Tasting | contact leader | Margie Lafia | ---- | mlafia56@gmail.com |
| Writing Genealogy * | 3rd W 1-3p | Pamela Roby | 247 0675 | roby@ucsc.edu |

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| <h2 style="margin: 0;">Who's Who</h2> <p style="margin: 0;">Gail Greenwood</p> |
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Some brave people really do make lemonade out of lemons, and in doing so they expand the world for all of us. Helen Jones, a long time OLLI stalwart, is one of those inspiring people. If, like me, you don't think you know Helen, I bet you recognize her at our Sunday meetings. She's the one zipping around in her mechanized wheelchair with a welcoming smile on her face.



Helen grew up on the East Coast, south of Boston, with her one sister, her mother and step-dad in a working-class family. When she graduated from high school, she went right out and got a job at AT&T, where she earned the “royal” salary of \$37.50 a week.

A favorite entertainment was water skiing. She was just twenty when she ran full speed into a log hidden in the water and broke her back. Her life changed forever, and of course, for a while as she healed and discovered she was not getting back on her feet, it was pretty grim.

Even paralysis can't keep a good woman like Helen down. Eventually she found a program at Boston University and got an associate degree in Liberal Arts. Learning suited her and she's still doing it at OLLI. She found the University of Illinois had an accessible campus (rare in those days) where she could continue studying for a degree in Speech Pathology and Audiology. On a tour of the campus she met an attractive man, Terry Jones, who also happened to be in a wheelchair. Apparently he thought she was pretty cute too because they married and, until his death, they spent the next 23 years together.

Both went on to get advanced degrees at two different colleges in New York. While in New York, before they married, Helen lived at International House where she met students from all over the world—she still stays in touch with some of them. Helen and Terry also discovered a great love for theater and art museums during their New York years. They adopted two baby girls: Glynnis and Siobhan. Their lives were never ordinary getting around in the big city, but they were somewhat traditional—she raised the babies and he raised the money. They all moved to Palo Alto in 1969. “We came for the weather!” she says. Who didn’t?

In Palo Alto Helen was asked to be on a Mayor’s committee of city planners who needed advice in order to make the city accessible to all. This led to her being hired to provide access to students with a myriad of disabilities at De Anza College. When she retired in 1989, the program had expanded to include a learning disabilities program, an adaptive physical education program, a special program for seniors and another for students with cognitive disabilities. Her 23 years at De Anza were very productive.

Life was busy and full enough for the couple rolling around raising two daughters and expanding two careers, but Helen added a second career, which she and Terry both enjoyed. Helen was asked to assist a local travel agency in their efforts to increase their clientele to include persons with disabilities. Travel opened up endless learning possibilities and brought the family the added advantage of free trips! Helen researched tours and led them to Mexico, Hawaii, Great Britain, France, Germany, Belgium, Russia, Scandinavia, Australia, New Zealand, Hong Kong, Vietnam, Thailand, Japan - to name a few destinations. Now that she is older, she is pleased that she traveled so much as a younger woman. They particularly liked the original art of indigenous cultures and sent home so many fine examples, that visiting in her beautiful home challenges one to choose between watching the sparkling ocean view and facing the grand fireplace and museum worthy art.

I asked her for any tidbits of wisdom she might have for us from this adventurous life she has lived, like how do you get along with so many different people? “Short memory can be a blessing.” She doesn’t hold grudges. “This too will pass.” Living in the past isn’t living!” “Being kind and grateful for what I do have.” Her attitude reminds me of the many aphorisms my mother tried to teach me about accepting life on life’s terms.

Around Helen I felt like I had a kindred spirit with whom I could feel very happy and also sad. Ambivalence is acceptable as long as one doesn’t wallow forever in sadness. She doesn’t wallow, and when I feel like wallowing, I remember Helen and my mother, and find the next exciting, educational thing to do.

Election time?

No, not that election. It is time for the election of **2024-25 OLLI Board Members**. Board positions that are open are President, Vice President, Secretary, and Treasurer.

Throw your hat into the ring!

The Election Committee is looking for nominees to fill these positions. No prior experience is required—just a desire to contribute to the OLLI organization and to help setting the direction for the coming year. *And you get to work with a fun group of individuals.*

If you are interested, contact Bonita Sebastian bonitas@ucsc.edu
or Dennis Morris dennis@valsys.com

If you are not quite ready to jump in or would like to learn more, let us know that as well. You can also ask to shadow one of the board positions to learn more about it.

The new slate will be announced in April and voting will be at the OLLI General Meeting on May 19, 2024.

OLLI at UCSC Board of Directors

President,* Ginna Holcombe, gogetter9503@gmail.com

Vice President,* vacant

Secretary,* Ronald Sekkel, ronsekkel@aol.com

Treasurer,* Cindy Margolin, crmargol@gmail.com

UCSC University Relations, Barbara Oden-Petree, baoden@ucsc.edu

Program Coordinator, Newsletter, Barry Bowman, bbowman@ucsc.edu

Website, Calendar, Database, Dennis Morris, dennis@valsys.com

Course Coordinator, Lois Widom, lowidom@yahoo.com

Course Coordinator Assistant, Leta Miller, leta@ucsc.edu

Interest Groups, Rusty Bowman, ebowman@ucsc.edu

Facilities and Hospitality, Mark Gordon, mgordon@cruzio.com

Outreach, Douglas Garcia, douglasagarcia@yahoo.com

Scholarships, Tom Manheim, tmanheim@comcast.net

Newcomers, Kate Erstein, kate.erstein@gmail.com

Events, Karen Gamell, kgamell@yahoo.com

At-Large Member, Gail Greenwood, msaspasia@gmail.com

At-Large Member, Bonita Sebastian, bonitas@ucsc.edu

At-Large Member, Roger Knacke, rknacke@gmail.com

At-Large Member, Anandi Paganini, anandipaganini@sbcglobal.net

* Elected position

Spring 2024 Course Registration Form

| Select | Course # | Description and Venue. Suggested donation: \$25/course: | Donation |
|--------------------------|----------|--|-----------|
| <input type="checkbox"/> | 2406 | Amazon and Humankind: David Sweet, April 5, 12, 19 & 26, 1:30—3:30 London Nelson CC, 301 Center St | \$ |
| <input type="checkbox"/> | 2407 | Modern Molecular Biology: Barry Bowman, May 4, 11, 18, 25 10:30 - Noon Room 240, Physical Sciences Building, UCSC | \$ |
| <input type="checkbox"/> | 2409 | Introducing Anthony Trollope : Bill Parks May 7, 14, 21, 28 10:30 - 12:30 London Nelson CC, 301 Center St | \$ |
| <input type="checkbox"/> | 2410 | Eye Care, Disease and Surgery: Michael Lahey MD June 5, 12, 26 10:30 - 12:30 London Nelson CC, 301 Center St | \$ |
| <input type="checkbox"/> | 2411 | Beyond the Binary: Mary Crawford April 3, 10, 17, 24 10:30 - 12:30 London Nelson CC, 301 Center St | \$ |
| <input type="checkbox"/> | 2412 | Women in Western Civilization: Gail Greenwood May 1, 8, 15, 22 10:30 - 12:30 London Nelson CC, 301 Center St | \$ |
| Total Enclosed | | | \$ |

Personal Information: Please print, or save time and postage use online registration at <http://olli.ucsc.edu>

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If you don't have an OLLI password and account, please go to our home page and use the link there to establish them. If you do, you can likewise use a link on our home page to log into your OLLI account and transact business.

Membership Enrollment Form

Membership good through June 30, 2024

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Annual membership is a tax-deductible donation of \$60; please consider an additional donation to the Silvia Miller Scholarship Fund.

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| Joint Recital | The Really Good Stuff |
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| <p>LORI SCHULMAN <i>Soprano</i></p> <p>KIRK EICHELBERGER <i>Bass</i></p> <p>MICHEL SINGHER <i>Piano</i></p> <p><i>Including:</i> Schumann: Liederkreis R. Strauss: Brentano Songs</p> <p>THURSDAY, APRIL 18, 2024 5:30 PM, United Methodist Church 250 California St, Santa Cruz</p> <p><i>A benefit for Espresso, \$50</i></p> | <p>Michel Singher <i>Artistic Director</i></p>  <p>Schubert Symphony Nr. 5</p> <p>Brahms Serenade Nr. 2</p> <p>SUNDAY, JUNE 2, 2024 4:00 PM, Santa Cruz Community Church 411 Roxas St, Santa Cruz</p> <div data-bbox="682 1764 901 1837" style="border: 1px solid black; border-radius: 15px; padding: 5px; text-align: center;"> <p>TICKETS: EspressOrch.org</p> </div> <div data-bbox="950 1690 1063 1795" style="text-align: center;">  </div> <p>ESPRESSIVO <small>a small, intense orchestra</small></p> |