Zoom General Meeting

January 16, 2022
10:00 AM Zoom Room opens
10:00 Breakout Groups (these are fun)
10:30 Business Meeting
11:00 Lecture

How Hamlet Reads
Sean Keilen, Professor of Literature, UCSC

Professor Keilin will be looking at the way that Shakespeare presents reading, education, and the theater as resources for self-development and setting the world right. The lecture will not not assume any prior knowledge of Shakespeare, but Professor Keilin suggests reading or watching *Hamlet* beforehand will make for a livelier discussion.

Professor Keilen was educated at Williams College, University of Cambridge and Stanford University. As a Shakespeare scholar, he has worked closely with Santa Cruz Shakespeare. He is nearing completion of a new book with the tentative title “Shakespeare’s Scholar’s: Three Lessons for the Humanities”
Learning About Our Local Environment

Like many people in OLLI my wife Rusty and I like to travel, especially to see the natural world. Travel is much restricted now, but fortunately Santa Cruz is one of the great places in the world for what can be seen within an hour’s drive from home – Monterey Bay and the Pacific Ocean, sandy beaches and coastal bluffs, redwood forests, oak-studded grasslands and three-thousand-foot mountains. Where else can you see elephant seals, whales, sea otters and thirty kinds of birds on a good morning?

We have learned a lot about our home territory in the past two years. I offer you a few photos and recommend some favorite spots.

The Wilder Ranch and Coast Dairies trails along the ocean bluffs are spectacular - and little visited. A good starting place is north of Santa Cruz, seven miles from Western Drive. Parking is usually available across from the Rodoni Farms stand. From here easy trails north and south take you along the bluffs, including a great view overlooking Panther Beach, a colorful geological anomaly. Unfortunately, the trail down to the beach is steep and difficult.

South of Santa Cruz the relatively new Fort Ord Dunes State Beach offers a totally different geological view. Within the city a wonderful place to take visitors is the new loop trail around the UCSC Marine Labs. Park the car on Delaware Ave. near the entrance. The trail goes through a restored meadow with good bird sightings and along the coastal bluff and past the whale skeletons - all easy walking.

Good trails through the redwoods can be found on the UCSC campus. One of the nicest trails starts at the parking lot (free on weekends) by the UCSC fire station at Crown College. Elkhorn Slough is one of the best places in the world to see birds. This is no exaggeration. In 1983 a record was set here, 116 species seen in 24 h from a single spot.

If you want to see it all, go to the top of Mount Umunhum or Fremont Peak. One hour will get you to the base of the mountains, but it will be another 10-15 minutes of winding road to get to the top. At Mount Umunhum you can drive to the peak. Reaching the summit of Fremont Peak requires a short steep hike from the Parking lot.
Courses 2022

Food and Biochemistry

When: Tuesdays, Jan 11, 18, 25, Feb 1, 8, 10:30 – 12:00 pm
Where: Zoom online
Instructor: Barry Bowman

The food we eat is a complex mix of thousands of different kinds of chemicals. However, most of these chemicals can be put into a few simple categories, e.g. fats, carbohydrates and proteins. In this course we will see how the human body uses these chemicals and converts them into living tissue or into energy. We will explore questions like “Why does fat have more calories than sugar, and what is a calorie”? What are vitamins and what do they do in our bodies? What is difference between LDL and HDL carriers of cholesterol?

Participants are not expected to have a background in science. The content of the course will be largely the same as in previous years, but those who wish to participate again are welcome. Although the course will be offered via Zoom, opportunities will be available for questions and discussion. Barry Bowman is Professor Emeritus of Molecular, Cell and Developmental Biology at UCSC

Online Courses: The OLLI Board has decided that there will be no fees for our classes during the pandemic.

For future online courses: We will open enrollment to all members... via email. First a message will go out informing all members of the upcoming course (title, date, time, instructor, description).

Then, a week before the each class begins another email will remind members. Finally, on the day before or in the morning before the class begins (depends on timing), another email will go out to members with the actual Zoom link.
Commentary by Professor Emerita Ronnie Gruhn
We are again fortunate to have Ronnie Gruhn, Professor Emerita of Politics at UCSC, as one of our teachers. She has a passionate and undiminished interest in reading, writing, and talking about world affairs. Her courses offer powerful insights into what is happening today. Ronnie has been very generous in sharing her knowledge with OLLI members, and her courses have been exceedingly well attended.

Ronnie continues every other Monday. Watch your inbox for an email from OLLI with a link to the commentary.

The Complexity of US Foreign Policy 2021/22: Commentary by Prof. Emerita Ronnie Gruhn, 12-6-21
https://youtu.be/hiXT1JdiJdk

Nationalism in an Age of Interdependence: Commentary by Prof. Emerita Ronnie Gruhn, 12-20-21
https://youtu.be/2htcDFZrQjw

—————— Other Courses since the last newsletter ———————

OLLI Molecular Biology Lecture #3 November 20,2021
https://youtu.be/jFNlMxHWRHk

OLLI Modern Molecular Biology Lecture #4 December 4, 2021
https://youtu.be/e1He2QdS71g

Subscribe to the OLLI UCSC YouTube channel by going to: https://www.youtube.com/channel/UCU7U1Mly_RuSsk4QjQD4WNw

Click here to see videos of past courses and commentaries on YouTube!

If you are having trouble with typing in the links, go to olli.ucsc.edu and open the newsletter on your device. All the links are live and tested.
Have an OLLI Jolly New Year!

Stopping by Woods on a Snowy Evening

Whose woods these are I think I know. He gives his harness bells a shake
His house is in the village though; To ask if there is some mistake.
He will not see me stopping here. The only other sound's the sweep
To watch his woods fill up with snow. Of easy wind and downy flake.
My little horse must think it queer The woods are lovely, dark and deep.
To stop without a farmhouse near But I have promises to keep,
Between the woods and frozen lake And miles to go before I sleep,
The darkest evening of the year. And miles to go before I sleep.

OLLI Walking Group from the arboretum to UCSC to the farm and back

Sunshine
Mary Lois
Wade
Rick
Mikayo
Garret

Dave
???
Jean
Sieve
Promotion Partners

Espressivo is delighted to announce our 6th Season of exciting new concerts.

January 23, 2022 and April 9, 2022

See our concerts page for more information and to purchase tickets.

https://espressorch.org/concerts.php

Johann Sebastian Bach and Franz Schubert
Saturday, May 14, 2022 - 8:00pm
Sunday, May 15, 2022 - 4:00pm

https://www.santacruzshakespeare.org/

https://www.nextstagesantacruz.org/

https://espressorch.org/concerts.php

P.O. Box 482 Santa Cruz, CA 95061
contact@santacruzbaroquefestival.org
scbaroque.org • 831.457.9693
President*
Program Coordinator
Barry Bowman
bbowman@ucsc.edu

Secretary*
Guenter Vorlop, (831) 464-2973
gvorlop@comcast.net

Treasurer*
Cindy Margolin, 688-8129
crmargol@gmail.com

Vice President*
Ginna Holcombe
ggogetter@sbcglobal.net

Immediate Past President
Bonita Sebastian, 476-1796
bonitas@ucsc.edu

Website, Calendar
Dennis Morris, 462-8827 (408) 497-4674
dennis@morrismed.com

Course Coordinator
Lois Widom, 423-0184
lowidom@yahoo.com

Membership and Events
Karen Gamell, 905-6636
kgamell@yahoo.com

Interest Groups
Ginna Holcombe
ggogetter@sbcglobal.net

Facilities and Hospitality
Mark Gordon, (408) 314-4802
mgordon@cruzio.com

Newsletter/Publicity
David Lieby, 332-4303
dlieby@gmail.com

Scholarships
Bill Patterson, 459-3729
wilderwill@comcast.net

STARS
Sara Radoff, 459-4968
saradoff@ucsc.edu

DeShonne Keller, 459-4063
dkeller1@ucsc.edu

At Large Members:
Kate Erstein, 454-8578
kate.erstein@gmail.com

Joya Chatterjee, 458-9008
joya_chatterjee@yahoo.com

Gail Greenwood, 556-4276
msaspasia@gmail.com

Chris Le Maistre, 471-2396
christopherlemaistre21@gmail.com

*Elected office

Kate Erstein, Guenter Vorlop, Joya Chatterjee, Cindy Margolin, Karen Gamell, David Lieby, Dennis Morris, Gail Greenwood, Mark Gordon
Ginna Holcombe, Barry Bowman, Lois Widom
~not shown, Bonita Sebastian, Bill Patterson, Sara Radoff DeShonne Keller, Chris Le Maistre
Join or Renew Membership. Osher Lifelong Learning Institute at UCSC, Period Ending June 30, 2022

Please consider registering online at our website, http://olli.ucsc.edu. It’s faster for you, saves us time and money, and helps ensure accuracy.

To join or renew your membership, which includes unlimited participation in our peer-led interest-group program*, enter personal information. Enter credit card information or include your check payable to UC Santa Cruz Foundation. Mail this form to the address at right. For further information, contact Karen Gamell, 831-905-6636, kgamell@yahoo.com. Your membership established with this coupon and payment will end June 30, 2022.

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Name to appear on ID badge if different: ____________________________

Check small boxes (□) above for information you do not want published in the OLLI at UCSC member directory. All names are published. We need your email address to send you our periodic email newsletters.

All members will be sent an email link to a monthly OLLI newsletter.

**Contribution Information:**

We ask a donation of $60. Please consider an additional donation to the Silvia Miller scholarship program. If funds are limited, in confidence you may contact OLLI president Barry Bowman, bbowman@ucsc.edu, to discuss alternatives.

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<th>Membership</th>
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<td>Membership, OLLI at UCSC</td>
<td>$60. Membership includes unlimited Interest Group participation*</td>
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*Some interest groups have limited membership. You may ask a group’s leader to be placed on a waiting list or get help from our interest-group coordinator to form a new group. See our website for more information.

Contributions to the UC Santa Cruz Foundation are tax deductible as allowed by law. You will receive an acknowledgement of your contributions from the University. Thank you for your generosity!

☐ Check ☐ Visa ☐ MasterCard ☐ AMEX ☐ Discover

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Name on Card ___________________________________________ Signature (for credit card purchases) ______________________________